

**WESTERN CONNECTICUT STATE UNIVERSITY
B.S. HEALTH PROMOTION STUDIES
OPTION IN WELLNESS MANAGEMENT**

Suggested courses to satisfy Writing Intensive requirement (need one):

SW 270W Writing for the Human Service and Health Care Professions
 ENG 245 Technical Writing
 ENG 270 Basic News Writing
 ENG 271 Human Interest
 ENG 339 Creative Writing

Students must average 16 credits a semester to graduate in four years

WELLNESS MANAGEMENT OPTION COURSE SEQUENCING

Freshman Year

Fall Semester	Spring Semester
PSY 100	HPX 100
HIS 101	CHE 102
PHI 111	HPX 177
SOC 100	ENG (WI)
COM 162	Gen Ed Elective

Sophomore Year

Fall Semester	Spring Semester
HPX 200 (fall only)	HPX 205 (spring only)
PSY 260 (fall only)	HPX 207 (concurrent w/205)
BIO 105	HPX 254
CHE 102	HPX 270 (spring only)
MAT 115 or 120	HPX 281
SW 220	BIO 106

Junior Year

Fall Semester	Spring Semester
HPX 371 (fall only)	HPX 470 (spring only)
HPX 370 (fall only)	PSY 218
MKT 301	HPX 160 *(recommended for internship)
Gen Ed Elective (2)	HPX 380
Free Elective	Free Elective

Senior Year

Fall Semester	Spring Semester
HPX 490 (fall only)	Free Electives
HPX 491 (fall only)	

HPX Wellness Management Electives:

HPX 160 First Aid and Safety
 HPX 202 Epidemiology of Disease (fall only)
 HPX 230 Drug Studies (fall only)
 HPX 352 Mental Health (spring only)
 HPX 353 Environment and Global Health (spring only)