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Adviser:_



General Education Requirements (42 S.H.) COMMUNICATION SKILLS (3 S.H.) Choose one of the following: COM 160 Public Speaking, COM 161 Decision Making in Groups, COM 162 Interpersonal Communication or COM 163 Introduction to Communication Skills COM 3 WRITING INTENSIVE (W) All students must complete at least one writing intensive course. W courses can be found in several disciplines. The credits will be counted in the discipline associated with the course. NOTE: WRT 101 does not satisfy the writing intensive requirement. ENG 130W will meet this requirement. Y/N Course: FOREIGN LANGUAGE All American Studies majors must complete a foreign language requirement. This may be done by completing a language at an elementary II level or above. Students who have completed three years of language in high school with at least a C average have satisfied this requirement. (For more info, click the link above.) Foreign Language Requirement Met? Y/N HUMANITIES (15 S.H.) Including 3 of 5 categories: Fine and Applied Arts (NOTE: only one studio course accepted toward minimum), Communication, Humanistic Studies, Philosophy and Foreign Language. NOTE: For foreign language courses you must complete Elementary II or higher before counting Elementary I as Humanities credit. Elective: 3 Elective: 3 Elective: 3 Elective: 3 Elective: 3 SOCIAL AND BEHAVIORAL SCIENCES (12 S.H.) Courses that satisfy this requirement can be found in Social Sciences (Anthropology, Economics, Political Science, Social Sciences, and Sociology), Non-Western Cultures, and Psychology. You must select courses from at least 2 of the 3 main areas: Social Sciences, Psychology and Non-Western Cultures. ANT 100 Introduction to Cultural Anthropology or SOC 100 Introduction to Sociology Elective: 3 Elective: 3 Elective: 3 NATURAL SCIENCES, MATHEMATICS AND COMPUTER SCIENCE (10 S.H.) Students must complete one lab Science and at least one math or computer Science course in this category. NOTE: MAT 100 does not satisfy this requirement. 4 Lab Science: Math/CS 3 Math/CS/Science Elective: 3 HEALTH PROMOTION AND EXERCISE SCIENCES (2 S.H.) HPX 177 Fitness for Life - Lecture 1 HPX 177 Fitness for Life - Activity 1

*American History majors must maintain a 2.67 GPA and earn a C or better in all major courses.

Major Requirements (39 S.H.)

ENG 130W English Seminar	3	
ENG 209 American Literature I	3	
ENG 210 American Literature II	3	
ENG 348 Early American Literature OR ENG 349 American Literature of Identity 1820-1920	3	
AS/HIS 217 The American Dream: Visions & Revisions	3	
HIS 148 American History: to 1877	3	
HIS 149 American History: since 1877	3	
ANT/SOC 250 Modern and Postmodern Societies	3	
AS 400 American Studies Seminar	3	
EXPANSION COURSES (12 S.H.) from approved list		
Expansion Elective:	3	
FREE ELECTIVES (41 S.H.)		
Elective:		

Free electives offer an opportunity to complete a minor, study a second language, study abroad, or participate in an internship. Make a plan.

NOTES

Four-Year Plan This is a sample sequence of courses. Other combinations are possible.



Pre-requisites are in parentheses; see catalog for details.

Class standing by credit: Freshman: 0-29 credits; Sophomore: 30-59 credits; Junior: 60-89 credits; Senior: 90+ credits

S.H.)	SEMESTER 1 (15 S.H.)			SEMESTER 2 (15 S.H.)		
	MAT 100 Intermediate Mathematics or Gen Ed: Math (above MAT 100)	3		ENG 130W English Seminar (WRT 101 or equivalent)	3	
AR (30	WRT 101 Composition I: Habit of Writing or Writing Intensive	3		Gen Ed: Math/CS	3	
H ۲	Gen Ed: Communication Skills	3		Gen Ed: ANT 100 Introduction to Cultural Anthro- pology or SOC 100 Introduction to Sociology	3	
FIRST	Gen Ed: Humanities (Language recommended)	3		Gen Ed: Humanities (Language recommended)	3	
	HIS 148 American History: to 1877	3		HIS 149 American History: since 1877	3	

-32 S.H.)	SEMESTER 3 (15-16 S.H.)			SEMESTER 4 (15-16 S.H.)		
	ENG 209 American Literature I (WRT 100 or appropriate exam score)	3		ENG 210 American Literature II (WRT 100 or appropriate exam score)	3	
f (30	Free Elective	3		Expansion course (select form approved list)	3	
) YEAR	Gen Ed: Humanities	3		AS/HIS 217 The American Dream: Visions and Revisions	3	
ano di	Gen Ed: Social & Behavioral Sciences	3		Gen Ed Social & Behavioral Sciences	3	
SEC	Gen Ed: Lab Science or Free Elective	3 – 4		Gen Ed: Lab Science or Math/CS	3 – 4	

	SEMESTER 5 (17 S.H.)			SEMESTER 6 (15 S.H.)		
('H'	ENG 348 Early American Literature (Successful completion of two 200-level literature courses) or Free Elective	3		ENG 349 American Literature of Identity 1820- 1920 (Successful completion of two 200-level literature courses) or Free Elective	3	
(32 S.	Expansion course (select form approved list)	3		Expansion course (select form approved list)	3	
YEAR	Gen Ed Humanities	3		ANT/SOC 350 Modern and Postmodern Societ- ies (ANT 100 or SOC 100)	3	
	Gen Ed: Social & Behavioral Sciences	3		Free Elective	3	
THIRD	Free Elective	3		Free Elective	3	
	HPX 177 Fitness for Life (Lecture & Activity)	2			· · · · ·	
	Complete a degree audit and plan for application for graduation					

Ĥ	SEMESTER 7 (15 S.H.)			SEMESTER 8 (15 S.H.)		
(30 S.	Free Elective	3		AS 400 American Studies Seminar	3	
AR (3	Expansion course (select form approved list)	3		Free Elective	3	
I YE/	Gen Ed: Humanities	3		Free Elective	3	
JRT	Free Elective	3		Free Elective	3	
D	Free Elective	3		Free Elective	3	

The number of Free Electives available will vary based on your initial math & writing placement tests. MAT 100 and WRT 101 if required, count as elective credit.

Expansion Courses (see catalog for suggested lists): 12 S.H. to be selected as expansion courses with the following guidelines:

- 1. No more than one course may be designated History.
- 2. No more than one course may be designated English.
- 3. All United States History courses and all American Literature courses at the 200 level or above are acceptable as expansion courses (please note prerequisites vary, see catalog for details and plan course selection appropriately).