

General Education Requirements (42 S.H.)

COMMUNICATION SKILLS (3 S.H.)
 Choose one of the following: COM 160 Public Speaking, COM 161 Decision Making in Groups, COM 162 Interpersonal Communication **or** COM 163 Introduction to Communication Skills

COM:	3	
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WRITING INTENSIVE (W)
 All students must complete at least one writing intensive course. W courses can be found in several disciplines. The credits will be counted in the discipline associated with the course. *NOTE: WRT 101 does not satisfy the writing intensive requirement.*

Course:	Y/N	
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HUMANITIES (15 S.H.)
 Humanities courses can be found in Art, English, Foreign Languages, History, Humanistic Studies, Music, Philosophy, Theatre and Writing. Students may only use one studio course to satisfy this requirement. You must complete courses in at least 3 areas. *NOTE: You must complete the foreign language requirement (Elementary II or higher) before counting Elementary I foreign language courses as Humanities credit.*

Elective:	3	
Elective:	3	
Elective:	3	
Elective:	3	
Elective:	3	

SOCIAL AND BEHAVIORAL SCIENCES (12 S.H.)
 Courses that satisfy this requirement can be found in Social Sciences (Anthropology, Economics, Political Science, Social Sciences, and Sociology), Non-Western Cultures, and Psychology. *You must select courses from at least 2 of the 3 main areas: Social Sciences, Psychology and Non-Western Cultures.*

Elective:	3	
Elective:	3	
Elective:	3	
Elective:	3	

NATURAL SCIENCES, MATHEMATICS AND COMPUTER SCIENCE (10 S.H.)
 Students must complete one lab Science and at least one math or computer Science course in this category. *NOTE: MAT 100 does not satisfy this requirement.*

Lab Science:	4	
Math:	3-4	
Math/CS/Science Elective:	3	

HEALTH PROMOTION AND EXERCISE SCIENCES (2 S.H.)

HPX 177 Fitness for Life — Lecture	1	
HPX 177 Fitness for Life — Activity	1	

FREE ELECTIVES (18 S.H.)

Elective:		
Elective:		
Elective:		
Elective:		
Elective:		
Elective:		
Elective:		

Free electives offer an opportunity to complete a minor, study a second language, study abroad, or participate in an internship. Make a plan.

NOTES

AS: Liberal Arts Program (60 S.H. required to complete the degree)

Two-Year Plan This is a sample sequence of courses. Other combinations are possible.



Prerequisites are in parentheses; see catalog for details.

FIRST YEAR (30 S.H.)	SEMESTER 1 (15 S.H.)			SEMESTER 2 (15 S.H.)		
	WRT 101 Composition I or Writing Intensive	3		Writing Intensive or Free Elective	3	
	MAT 100 or Gen Ed Math/CS (Math must be above 100 level)	3		Gen Ed Math/CS	3	
	Gen Ed: Communication Skills	3		Gen Ed Social and Behavioral Sciences	3	
	Gen Ed: Humanities	3		Gen Ed: Humanities	3	
	Free Elective	3		Free Elective	3	

SECOND YEAR (30-32 S.H.)	SEMESTER 3 (16-17 S.H.)			SEMESTER 4 (15-16 S.H.)		
	Gen Ed: Social & Behavioral Sciences	3		Free Elective	3	
	Free Elective	3		Free Elective	3	
	Gen Ed: Humanities	3		Gen Ed: Humanities	3	
	Gen Ed: Social & Behavioral Sciences	3		Gen Ed Social & Behavioral Sciences	3	
	Gen Ed: Lab Science or Free Elective	3 – 4		Gen Ed: Lab Science OR Math/CS	3 – 4	
HPX 177 (Lecture &Activity)	2					