

# Western Connecticut State University Degree Works

|                       |  |                      |                            |                            |           |
|-----------------------|--|----------------------|----------------------------|----------------------------|-----------|
| <b>Student</b>        |  | <b>College</b>       |                            | <b>Hold</b>                |           |
| <b>ID</b>             |  | <b>School</b>        |                            | <b>Athletics</b>           |           |
| <b>Classification</b> |  | <b>Degree</b>        | BS Hlth Prom Std, Holistic | <b>Housing Status</b>      |           |
| <b>Advisor</b>        |  | <b>Major</b>         |                            | <b>Full-Time/Part-Time</b> |           |
| <b>Overall GPA</b>    |  | <b>Concentration</b> |                            | <b>Catalog Term</b>        | FALL 2017 |
|                       |  | <b>Minor</b>         |                            | <b>FERPA Indicator</b>     |           |

## Legend

|  |   |                     |
|--|---|---------------------|
| <input checked="" type="checkbox"/> Complete | <input checked="" type="checkbox"/> Complete except for classes in-progress | (TR) Transfer Class |
| <input type="checkbox"/> Not Complete        | <input checked="" type="checkbox"/> See Advisor - Nearly Complete           | @ Any course number |
| IP In-Progress Course                        |   |                     |

### BS in Hlth Promo Studies/Holist/Int Hlth Overview

|   |                           |
|---|---------------------------|
| <b>Unmet conditions for this set of requirements:</b> | 120 credits are required. |
|---|---------------------------|

|  |  |
|--|--|
| <input type="checkbox"/> Minimum credits at WCSU                     | A minimum of 30 credits must be taken at WCSU.   |
| <input type="checkbox"/> A minimum cumulative GPA of 2.5 is required | When your first term is graded, your cumulative GPA will be calculated. If your cumulative GPA falls below 2.5 it is important to see an advisor to make plans for raising your GPA. |
| <input type="checkbox"/> General Education Competency Requirements   | See <b>General Education Competency Requirements</b> section   |
| <input type="checkbox"/> General Education Course Requirements       | See <b>General Education Course Requirements - HPX</b> section   |
| <input type="checkbox"/> Major Requirements                          | See <b>Major in Health Promotion Studies</b> section   |
| <input type="checkbox"/> General Electives                           | See <b>General Electives - 21 Credits</b> section  |

### General Education Competency Requirements

|   |   |
|---|---|
| <b>Unmet conditions for this set of requirements:</b> | Students must complete each of the competencies listed below. In addition, students must complete 3 of the competencies a second time excluding First Year (FY) and WRT 101 (WI). |
|---|---|

|   |                |
|---|----------------|
| <input type="checkbox"/> General Education Competencies |                |
| <input type="checkbox"/> Creative Process (CP)          | 1 to 2 Classes |
| <input type="checkbox"/> Critical Thinking (CT)         | 1 to 2 Classes |
| <input type="checkbox"/> Oral Communication (OC)        | 1 to 2 Classes |
| <input type="checkbox"/> Health and Wellness (HW)       | 1 to 2 Classes |
| <input type="checkbox"/> Scientific Inquiry (SI)        | 1 to 2 Classes |
| <input type="checkbox"/> Intercultural Competence (IC)  | 1 to 2 Classes |
| <input type="checkbox"/> Information Literacy (IL)      | 1 to 2 Classes |
| <input type="checkbox"/> First Year Experience (FY)     | 1 Class        |

|                          |                             |                |
|--------------------------|-----------------------------|----------------|
| <input type="checkbox"/> | Culminating Experience (CE) | 1 to 2 Classes |
| <input type="checkbox"/> | Writing Course (WRT 101)    | WRT 101        |
| <input type="checkbox"/> | Writing Intensive II (W2)   | 1 to 2 Classes |
| <input type="checkbox"/> | Writing Intensive III (W3)  | 1 to 2 Classes |
| <input type="checkbox"/> | Quantative Reasoning (QR)   | 1 to 2 Classes |

### General Education Course Requirements - HPX

**Unmet conditions for this set of requirements:** 40 credits are required.

|                          |  |                  |
|--------------------------|--|------------------|
| <input type="checkbox"/> | Writing Course   | WRT 101          |
| <input type="checkbox"/> | Cognate Courses (18 S.H.)                              |                  |
| <input type="checkbox"/> | Ethical Issues in Healthcare                           | PHI 123          |
| <input type="checkbox"/> | Introduction to Sociology                              | SOC 100          |
| <input type="checkbox"/> | Statistics   | MAT 115* or 120* |
| <input type="checkbox"/> | Cultural Diversity                                     | SW 220*          |
| <input type="checkbox"/> | Introduction to Psychology                             | PSY 100          |
| <input type="checkbox"/> | 1 Pscyhology Elective                                  |                  |
| <input type="checkbox"/> | 19 General Education credits outside major requirement |                  |

### Major in Health Promotion Studies

**Unmet conditions for this set of requirements:** 61 credits are required.

|                          |                         |  |
|--------------------------|-------------------------|--|
| <input type="checkbox"/> | Minimum 2.0 major GPA   |  |
| <input type="checkbox"/> | Minimum credits at WCSU | A minimum of 31 credits must be taken at WCSU. |

**\*\*A grade of 'C' or better is required in each major course.**

|                          |   |                |
|--------------------------|---|----------------|
| <input type="checkbox"/> | HEALTH PROMOTION STUDIES MAJOR CORE                 |                |
| <input type="checkbox"/> | Anatomy & Physiology I **                           | BIO 105        |
| <input type="checkbox"/> | Anatomy & Physiology II **                          | BIO 106*       |
| <input type="checkbox"/> | General Chemistry or Everyday Chemistry **          | CHE 102 or 110 |
| <input type="checkbox"/> | Health Psychology **                                | PSY 260*       |
| <input type="checkbox"/> | Introduction to Health Promotion & Practice **      | HPX 103        |
| <input type="checkbox"/> | Introduction to Community Health & Organizations**  | HPX 200*       |
| <input type="checkbox"/> | Health Education Theory and Application **          | HPX 270*       |
| <input type="checkbox"/> | Health Promotion Program Design & Implementation ** | HPX 370*       |
| <input type="checkbox"/> | Health Communication Methods and Strategies **      | HPX 371*       |
| <input type="checkbox"/> | Health Promotion Program Planning and Evaluation ** | HPX 470*       |

|                          |   |                 |
|--------------------------|---|-----------------|
| <input type="checkbox"/> | Practicum for Health Promotion Studies  | <b>HPX 490*</b> |
| <input type="checkbox"/> | Health Promotion Studies Senior Seminar **  | <b>HPX 491*</b> |
| <input type="checkbox"/> | <b>HOLISTIC AND INTEGRATIVE HEALTH</b>  |                 |
| <input type="checkbox"/> | Introduction to Principles of Holistic and Integrative Health **  | <b>HPX 240</b>  |
| <input type="checkbox"/> | Mind/Body Interventions for Health **   | <b>HPX 241</b>  |
| <input type="checkbox"/> | Cross-Cultural and Traditional Healing Methods **   | <b>HPX 242</b>  |
| <input type="checkbox"/> | Food, Herbs, Supplements and Other Products **  | <b>HPX 343</b>  |
| <input type="checkbox"/> | 1 Holistic and Integrative Health Elective **<br><b>ANT 233* or COM 245 or HPX 253 or 281* or 352 or 353 or 344* or PHI 241 or 245 or 265 or 340 or SOC 233</b> |                 |

**General Electives - 21 Credits**

21 Credits of General Electives

**Notes:**