

Caron Treatment Centers, HVCASA, Western Connecticut State University, MCCA, and Insight Counseling present:

New Hope for Healing and Recovery

*Treating Substance Abuse & Addiction in
Adolescents & Young Adults*



October 16, 2009

8:00 AM - 4:45 PM

**Western Connecticut
State University**
Danbury, Connecticut

Featuring keynote speakers: **Edward J. Khantzian, MD**, Clinical Professor of Psychiatry at Harvard Medical School and **Mark J. Albanese, MD**, Director of Addictions Treatment at Cambridge Health Alliance; co-authors of Understanding Addiction as Self-Medication: Finding Hope Behind the Pain.

This program has been approved by the NASW-NY for 6 contact hours under approval number A-236. Connecticut will honor NASW-NY approval. Six hours of CEU's have been applied for through: CCB for addiction and prevention specialists and APA CT.

Rates of prescription opiate abuse and overdose are up over 40% in the adolescent and young adult population.

Please join experts and colleagues in the fields of prevention, treatment and the justice system for this conference on what works in prevention and treatment and what is still to be done. Participants will gain practical skills and learn about funding, insurance and managed care trends.

This conference is appropriate for:

- ❖ College prevention and treatment professionals
- ❖ Counselors
- ❖ Psychologists
- ❖ Clinical Social Workers
- ❖ School-based prevention and clinical professionals
- ❖ Community prevention experts
- ❖ Community coalition members
- ❖ Clergy
- ❖ Probation and community-based justice professionals.



Drug overdoses are now the second leading cause of death in the United States for all people up to the age of 44, with 32,000 deaths last year. The most effective time to prevent, intervene and treat these and other drug abuse and addictions (including alcohol and tobacco) are in adolescence and young adulthood.

Program Content:

8:00–8:30 am: **Registration, Breakfast, and Networking**

8:30 am: **Greeting and Welcome**

8:45–10:15 am: **Keynote Address:**

“The Long Road to Healing & Hope: The New Understanding of Self-Medication and Substance Abuse and Addiction”

- Edward Khantzian, MD & Mark Albanese, MD

Edward J. Khantzian, MD is Clinical Professor of Psychiatry at Harvard Medical School, a senior member of the Department of Psychiatry at Cambridge Health Alliance, and Associate Chief of Psychiatry Emeritus at Tewksbury Hospital, Tewksbury, MA.

Mark J. Albanese, MD is Director of Addictions Treatment at Cambridge Health Alliance, and Associate Medical Director for Behavioral Health, Network Health.

10:15 am: **“How to Engage Highly Resistant Adolescents & Young Adults in the Process of Treatment and Recovery”** - *Elizabeth Driscoll Jorgensen, CADC, Insight Counseling, Ridgefield, CT*

11:00 am: **Break**

11:15 am **“Utilizing the Positive Peer Culture Model for Treating the Young Adult Population”** - *David Rotenberg, MA, MBA, CAC, Executive Director of Adolescent and Young Adult Services, Caron Treatment Centers and Thomas Deitzler, Director of Young Adult Services, Caron Treatment Centers*

12:15–1:15 pm: **Lunch/ Networking
Prevention/Treatment Fair - Book Sales and Author Signings
Open AA Meeting with Young Adult/Adolescent Speakers**

1:30–3:00 pm: **Session 1 Symposia (Running Concurrently)**

- A. Treating Young Adult Opiate Abuse** - *Peter Rostenberg, MD*
- B. Substance Abuse Prevention, Early Intervention and the Continuum of Care for Students in Recovery: What is Working at Western Connecticut State University** - *Sharon Guck, MPH & Leslie McQuilling, MS, NCC, LPC*
- C. Helping Your Clients Navigate and Succeed in the Managed Care Maze & An Overview of the Impact of Healthcare Reform on the Field** - *Maureen Smith RN, The Healthcare Advocate's Office, the State of CT & Colleague*
- D. Cultural Competence: Accessing the Young Adult Population** - *A panel including Dave Gordon, guidance counselor; Steve Karjanis, school social worker; and students from Central High Leadership Group - Bridgeport, CT*
- E. Master Class: Can Treatment Help DWI/DUI and Other Repeat Offenders? How to Effectively Work With Adjudicated Clients** - *Mark Albanese, MD*
- F. How to Understand and Effectively Treat Addiction as an Attachment Disorder** - *Karen Walant Ph.D., Private practice - Ridgefield, CT, Author: Creating the Capacity for Attachment: Treating Addictions and the Alienated Self.*

Session 1 Symposiums, continued...

- G. Parenting for Prevention: The Caron Model for Teaching Prevention to Families** - Terry Budlong, CLC, Caron Student Assistance Program.
- H. Master Class: Treating The Individual with Addiction** - Edward Khantzian, MD
- I. Using DBT as a Primary Treatment for Clients with Substance Abuse and Addictions: An Overview** - Haleh Ghanizadeh, MD, Private Practice, Ridgefield, Assistant Clinical Professor in the Department of Psychiatry at Columbia University

3:15-4:45 pm

Session 11 Symposiums (Running Concurrently)

- J. Benefits of Medication-Assisted Treatment** - Michael F. Norton, LCSW, VP of Clinical Operations, MCCA and Michael McKinney, CADC, CPP, ICPS Counselor II, MCCA
- K. Effective Community Organizing: Prevention Coalitions and Funding** - Allison Fulton, Executive Director, HVCASA and Robin Montgomery, Brookfield Chief of Police,
- L. Where Are We Headed in Adolescent Treatment and Juvenile and Young Adult Justice?** - Peter Rockholz, Yale School of Medicine - Child Study Center; President and CEO, New York Center For Living, Inc. and Peter Panzarella, MA, MS, LADC, LPC, Director of Substance Abuse Services Connecticut Department of Children and Families
- M. The Use of Psychotropic Medication in Addicted Individuals with Co-Occurring Illness: Can We Effectively Treat Clients in Early Recovery?** - Charles Herrick MD, Chairman of Psychiatry, Danbury Hospital
- N. Adolescent & Young Adult Substance Abuse and Unique Medical Issues (HEP, HIV, TB) in This Population** - Fred Hesse MD, Medical Director, Arms Acres
- O. How To Create and Run Effective Programming for Adolescents: Assessment, Groups and Family Interventions in Schools and Treatment Settings** - Liz Jorgensen, Deb Simons, LMFT, CDAC Project REAL; Clare Gelissen, Danbury School Based Health Center; Alex Boianghu, MS, LPC, Brookfield Schools; and Jeff Wolfsberg, Prevention Specialist
- P. Peer Recovery Supports - The Power of Lived Experience Making Hope For Recovery Tangible** - Greg Williams, Co-Director, Connecticut Turning To Youth and Families
- Q. Identifying, Understanding, and Treating High Functioning Alcoholics in College** - Sarah Allen Benton, LMHC, Author: [Understanding the High-Functioning Alcoholic](#)
- R. Using DBT as a Primary Treatment for Clients with Substance Abuse and Addictions: An Overview** - Haleh Ghanizadeh, MD, Private Practice, Ridgefield, Assistant Clinical Professor in the Department of Psychiatry at Columbia University
- S. Family Interventions: Case Studies and Practical Application** - Martin Lynch, MS, LPC

Registration Form

Workshop Fee:

\$150 early registration before September 30th and for groups of 3 or more registering from the same agency.

\$170 after September 30th, 2009 and for individual registration.

Name(s): _____

Company: _____

Address: _____

Daytime Phone: _____

Alternative Phone: _____

Email: _____

Please indicate your first, second, and third choice symposium with the corresponding letter below for both Session I and Session II. We will make every effort to place participants in their first choice.

Session 1: 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Session 2: 1st Choice _____ 2nd Choice _____ 3rd Choice _____

**Checks can be made payable to: HVCASA.
Please submit payment and registration form to:**

HVCASA, 69 Stony Hill Road, Bethel, CT 06801

Fax: 203-743-7317 ❖ Email: hvcasa@snet.net

*For questions regarding the conference please call Sally Cohen at
Insight Counseling at 203-431-9726.*

Directions to Western State Connecticut University (from East and West):

Exit 4 off I84 ⇒ Turn Right onto Lake Avenue ⇒ Follow Approximately 1 mile

⇒ Campus entrance is on the right across from Super Stop and Shop

Street address is: 43 Lake Avenue, Danbury, CT.

For more detailed directions please visit our website at www.wcsu.edu

Titles written by conference presenters and additional recommended books will be on sale at the conference through Books on The Common. Authors will be available to sign their books as well.

