

Registration Form

Workshop Fee:

\$90 early registration before September 30th

\$110 after September 30th, 2011

Registration includes dinner and refreshments

Name: _____

Credentials: _____

Company: _____

Address: _____

Daytime Phone: _____

Alternative Phone: _____

Email: _____

I would like to participate in: Track 1 (for CMEs) Track 2 (for CEUs)

Checks can be made payable to: Caron Treatment Centers.

Please submit payment and registration form to:

Caron Treatment Centers, Attention: Barb Dragovich

P.O. Box 150, Wernersville, PA 19565

Register online!

Visit www.Caron.org/Danbury-Workshop

For questions regarding the conference, please call HVCASA at 203.743.7741

Directions to Western State Connecticut University (from East and West):

Exit 4 off I84 ⇒ Turn Right onto Lake Avenue ⇒ Follow Approximately 1 mile

⇒ Campus entrance is on the right across from Super Stop and Shop

Street address is: 43 Lake Avenue, Danbury, CT.

For more detailed directions please visit our website at www.wcsu.edu

Treatment and prevention resources will be available to all participants at this workshop.

Exhibitors will be on hand with program and facility specific information.

mailing info

P.O. Box 150
Wernersville, PA 19565



Insight Counseling, LLC



*In partnership with The Housatonic Valley Coalition Against Substance Abuse (HVCASA)
& in generous support by the Henry Blansfield, MD Fund on Drug and Alcohol Education*

are proud to sponsor

Prescription Drugs: Use, Abuse and Addiction

What Physicians and Clinicians Can Do



October 6, 2011

5:00 PM - 9:30 PM

**Western Connecticut
State University**
Danbury, Connecticut

4 CMEs offered for physicians
and 4 CEUs applied for
through NASW, CCB, APA

Dinner and refreshments served.

Prescription Drugs: Use, Abuse and Addiction:

What Physicians and Clinicians Can Do

While much of society thinks of the "drug problem" as the importation of dangerous and illicit substances from foreign countries - in fact the major drug problems in this country are "Made in the USA." In particular prescription opioids (e.g. Vicodin, Percocet, Oxycontin, Lortab, etc), used legitimately and effectively in the treatment of pain are now the most prescribed class of medications - and they are second only to automobile accidents in causing accidental deaths - in Connecticut and 10 other states they are the number one cause of accidental death and the number one cause of all deaths in the age group 18-44 years with 39,000 Americans dead last year of preventable overdose. Overdose rates can be correlated to the number of legal prescriptions written per zip code.

The United States is seeing unprecedented use of the private and public health systems for detoxification, emergency room visits and addiction treatment, the rates of death, overdose and continue to climb. Healthcare professionals must lead the national response to this epidemic.

This conference will provide physicians, nurses, addiction specialists, social workers and other professionals the essential skills to assess patients for drug seeking and drug abuse and effectively refer them to treatment. In addition, physicians and clinicians will learn about effective brief interventions, legal safe guards for prescribing and protecting patients from harm and ourselves from ethical conflicts and legal concerns related to prescribing opiates for pain relief.

This conference will provide a specialized track for physicians and APRNs in all areas of practice and will present information relevant to any healthcare provider who prescribes or monitors prescriptions for pain relief. In addition a second track will focus on skills and practice guidelines for clinicians in both agency and private practice.

Prescription drug overdose deaths are now the number 2 cause of accidental deaths in our country - only car accidents kill more.

Opioids are now the major class of prescribed drugs in the country - cholesterol drugs are second.

Prescriptions for opioids have increased 1000% since 1997.

Schedule

4:30 - 5:00 pm: Registration

5:00 - 5:15 pm: Welcome - Dr. James W. Schmotter, President of Western Connecticut State University
Brief introduction of keynote by Todd Whitmer, Regional Vice President of Caron New York

5:15 - 6:45 pm: **Keynote Address:**

Prescription Drug Abuse: Facing A Public Health Epidemic

Presented by: Thomas McLellan Ph.D.

While much of society thinks of the "drug problem" as the importation of dangerous and illicit substances from foreign countries; in fact, the major drug problems in this country are "Made in the USA." In particular prescription opioids: Vicodin, Percocet, Oxycontin, and Lortab.

Thomas McLellan, Ph.D. will first review the epidemiology and growth of prescription opioids over the past decade, citing four reasons for their explosive growth. Next, he will discuss federal and local policies designed to reduce the misuse and damage associated with pharmaceutical opioids, while maintaining their appropriate medical use. The presentation will conclude with the increased responsibility steps for physicians, pharmaceutical firms and families to manage the distribution, prescribing, patient management and medication storage practices associated with pharmaceutical opioids.

About Thomas McLellan, Ph.D.

A. Thomas McLellan, Ph.D., is a Professor of Psychology in Psychiatry at the University of Pennsylvania and co-founder and Chief Executive Officer of the Treatment Research Institute (TRI), a not-for-profit research and development institute in Philadelphia. McLellan is nationally and internationally recognized for his more than 30 years of research into treatment effectiveness for substance abuse patients. McLellan has published more than 400 articles and chapters on addiction research and serves as Editor in Chief of the Journal of Substance Abuse Treatment. Among McLellan's many honors and awards are the Life Achievement Award of the American Society of Addiction Medicine in 2003 and in 2004 he was named Innovator of the Year by the Robert Wood Johnson Foundation. McLellan received his B.A. from Colgate University and his M.S. and Ph.D. from Bryn Mawr College. He received postgraduate training in psychology at Oxford University in England.

6:45- 7:00 pm: Break

7:00 - 9:30 pm: Break out sessions

- **Track One:** The Medical Community Responds (For CMEs)
- **Track Two:** Clinicians and Prevention Professionals Respond (For CEUs)

Track 1: The Medical Community Responds

Moderator: Dr. Charles Herrick - Chairman of the Department of Psychiatry, Danbury Hospital **Effective, Brief Assessment and Referral: How to Identify Patients at Risk and What to Do**

Dr. Ken Thompson - Medical Director, Caron Treatment Centers

Dr. Thompson will provide physicians with simple and specific evidence-based practices including behavioral and physiological markers. In addition he will present on special issues related to impaired professionals.

Protecting Your Practice from Liability: Simple Practices and Effective Strategies

Rich Colangelo - Connecticut Sr. Assistant State's Attorney

State's Attorney Conangelo is an expert in the impact of prescription drug use on professionals and professional practice. He has served as an examiner on the DMHAS board for licensure complaints and review. In his presentation, he will discuss impaired professionals, professional liability and legal issues related to prescription drugs.

Questions and dialogue

Track 2: Clinicians and Prevention Professionals Respond

Moderator: Ingrid Gillespie - Director of Lower Fairfield County Regional Action Council **Effective Assessment and Treatment With Clients Addicted to Prescription Drugs: Practice Guidelines and Ethical Issues**

Dr. Greg Gable - Executive Director of Caron's HealthCare Professionals Program

Dr. Gable will provide clinicians with specific skills for effective practice with clients and will also address issues related to impaired professionals.

Young Adults: How to Intervene With A Population at High Risk

Sharon Guck, MPH - Director of Substance Abuse Prevention, Western Connecticut State University

Ms. Guck will provide specific and effective tools for intervention with the young adult population.

How to Engage Highly Resistant Clients and their Families in The Process of Treatment and Recovery

Elizabeth Driscoll Jorgensen, CADC - Director, Insight Counseling, LLC

Recognized as an expert in engaging resistant clients, Ms. Jorgensen has lectured nationally including Harvard University, SAMSHA and Dartmouth.