



12 CEs for RPT and NBCC are included  
We are approved for CT Psychology, LCSW, LMFT, and LPC

# WESTERN CONNECTICUT FALL 2019 PLAY THERAPY CONFERENCE

CO-SPONSORED BY THE DEPARTMENTS OF SOCIAL WORK AND EDUCATION & EDUCATIONAL PSYCHOLOGY

**OCT. 11 & 12, 2019** Western Connecticut State University, Westside Campus Ballroom,  
43 Lake Ave Ext, Danbury, CT 06810



**Lynn Louise Wonders, LPC, RPT-S, CPCS**  
of Wonders Counseling & Consulting in metro Atlanta, Georgia, provides play therapy training, consultation and supervision for therapists throughout the United States and internationally. She is the author of *When Parents are at War: A Child Therapist's Guide to Navigating High Conflict Divorce & Custody Cases*.  
[www.wonderscounseling.com](http://www.wonderscounseling.com)



**Tammi Van Hollander, LCSW, RPT-S** has spent over 20 years working with children, families, and individuals. She holds a Master of Social Work from The University of Pennsylvania and has had extensive training and supervision from The Family and Play Therapy Center in Philadelphia. She is a certified trainer for the Nurtured Heart Approach®, and certified FirstPlay® practitioner. Tammi is the author of *Casey's Greatness Wings: Teaching Mindfulness, Connection, & Courage to Young Children*. Tammi has presented lectures to professionals throughout the world both independently and with Cross Country Education & PESI, Inc. [www.mainlineplaytherapy.com](http://www.mainlineplaytherapy.com)

**(Ms. Wonders)**

**Play Therapy with Divorce & Custody Cases (6 CEs) Friday, October 11, 2019, 8:30 to 4:00pm**

Providing play therapy for children whose parents are in a high conflict divorce and/or custody case is not for the faint of heart. With the proper skills set, clear policies and protocols and an understanding of the intricacies and complexities of these kinds of cases a therapist who provides play therapy services will be prepared to avoid common pitfalls and keep the focus on helping the child through this very difficult time. Often play therapists get in over their head because they aren't properly trained to work with these intractable family dynamics.

This training presentation will provide a very thorough and solid foundation of practical knowledge and guidance on how to use play therapy effectively while also knowing how to manage parents who are having high levels of conflict, guardian's ad litem, attorneys and how to be prepared for court if necessary.

This in-depth workshop includes copies of my proprietary documents including my policy forms and informed consent specific to cases involved in litigation as well as numerous resources and review of case scenarios.

**Objectives:**

- Differentiate as to what your role IS and what it is NOT in these cases.
- Describe how high conflict divorce cases impact children.
- Define concepts of parental alienation, polarization and loyalty conflict.
- Name 10 play therapy interventions specifically designed to support children whose parents are divorced or divorcing.
- 7 types of challenging parent personalities and describe how to set and maintain firm boundaries to protect the process of the play therapy.
- Develop strategy for educating parents and children as to a child's rights when parents are divorced or divorcing.

**(Ms. Van Hollander)**

**Attachment-Based Play Therapy for Emotional, Behavioral & Sensory Challenge (6 CEs) Saturday, October 12, 2019, 8:30 to 4:00pm**

Healthy attachments are vital to emotional health and development. When there are breaks in attachment, children may experience emotional, behavioral and sensory challenges. Once we understand attachment and the neurobiology of play, we can begin to implement attachment-based interventions.

I will be sharing some of my favorite interventions to address trauma, anxiety, OCD and more. You will leave with a toolbox filled with ready to use play therapy techniques that you can immediately implement in your work with children and also adapt for clients of all ages. Attend this workshop and you will learn how to communicate with children through play, strengthen relationships, help children regulate their minds and bodies, and to help them create a safe space to heal.

Experience the fun-filled power of play therapy and other expressive arts modalities. Tammi Van Hollander, LCSW, RPT-S, will show you how to effectively use sand trays, bibliotherapy, mindfulness and so many other powerful techniques. Much of this workshop will include active learning and hands-on participation. Get ready to learn and have fun!

**Objectives:**

- Consider the ethical implications and clinical limitations of using play therapy in clinical practice.
- Assess anxiety symptoms through play therapy techniques to better inform treatment outcomes.
- Incorporate attachment-based play activities into your practice to improve client engagement in treatment.
- Determine the neurobiological implications of using play therapy among clients with various diagnoses.
- Develop a plan for introducing play therapy into clinical practice for treatment resistant and challenging children and families.
- Characterize how play therapy can reframe trauma experiences, increase self-regulation and connect to a mind-body awareness.

Registration is done online at [www.wcsu.edu/tickets](http://www.wcsu.edu/tickets)

Early: Fees are \$70 per day or \$125 for both days (students \$55/\$100) and include a light lunch and CEs for RPT, NBCC, and Connecticut LCSW, LPC, LMFT, and Psychologists.. **After September 22:** \$80 per day or \$160 for both days (students \$60/\$120). **Refunds:** Refunds will be given when requested in writing by Sept. 30, 2019. A \$10 processing fee will apply. No refunds will be given after Sept. 30, 2019. **Questions and ADA:** For more information visit

[www.wcsu.edu/education/playtherapy](http://www.wcsu.edu/education/playtherapy) or contact Mr. Randy Thomas at [thomasr@wcsu.edu](mailto:thomasr@wcsu.edu) or call (203)837-8034.