

## GUIDELINES FOR THE CSU HEALTH FORM

- **Parts A and C:** These sections to be filled out by student. Please complete part 'C' before your physical exam so that your health care provider can review this section with you.
- **Part D:** All students must complete the tuberculosis screening process. Please go to this section of the health form for further instructions.

NOTE: INTERNATIONAL STUDENTS – TUBERCULIN SKIN TESTING (PPD) RESULTS WILL ONLY BE ACCEPTED IF DONE AT OUR OFFICE OR AT ANOTHER UNITED STATES FACILITY.

- **Part E:** This section is to be filled out by the student's health care provider. A **PHYSICAL EXAMINATION** must be done within a year prior to entering our University.
- **Part B: IMMUNIZATIONS:** Please provide the dates of the immunizations listed in this section. If there are minor differences in our guidelines from your high school or state, please follow our requirements outlined below.
  1. **Tetanus** Immunizations – list the childhood series. Tetanus booster (Td) – required within the past 10 years.
  2. **Polio** Immunizations – list the childhood series.
  3. **German measles (Rubella) Vaccination** – one dose given on or after the student's first birthday. Required by Connecticut state law. (This immunization is included in the MMR vaccine.)
  4. **Mumps Vaccination** – one dose given on or after 12/28/69. (This immunization is included in the MMR vaccine.)
  5. **Two Measles (Rubeola)** – required by Connecticut state law. (This immunization is included in the MMR vaccine.)
    - a. **First Measles Vaccination** – on or after student's first birthday AND given after January 1, 1969.
    - b. **Second Measles Vaccination** – on or after January 1, 1980.  
Please note:
      - If you did not receive your first measles shot in accordance with the guidelines, then two shots must be administered after January 1, 1980 and no less than 30 days apart.
      - **If you have had measles or rubella as a child or you think you did, we will accept proof of this only with a blood test showing evidence of adequate immunity. You must provide a copy of the actual test results.**
      - EXEMPTION: You do not need to show proof of measles immunizations if you were born before 1957.
  6. **Hepatitis B Vaccination Series** – not required but strongly recommended. We offer any one or all doses at our health service to enable you to complete the series of three shots. Please see hepatitis information sheet included in this packet. **Varicella (chickenpox)** – please consider this vaccine if you have not had chickenpox yet.
  7. **MENOMUNE ("MENINGITIS") VACCINE** – required by Connecticut state law for all students living in campus housing but recommended for all incoming students. A student's housing assignment will be forfeited if Health Services does not receive proof of the meningitis vaccine by the end of the first week of classes. Please see our website for more information on meningitis and the vaccine.

**The completed health form must be submitted prior to the start of classes.**

**THE HEALTH EXAMINATION REPORT SUBMITTED TO THE UNIVERSITY IS CONFIDENTIAL AND WILL NOT BE RELEASED TO ANYONE WITHOUT WRITTEN CONSENT FROM THE STUDENT.**

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