

STUFF & What To Do With It...continued

Helpful links to getting and staying organized:

Below is a good link with helpful suggestions on organizing yourself at the office:

<http://www.business.com/directory/advice/operations/business-support/help-for-organizing-your-office/>

Helpful for strategies on dealing with ADD at work:

<http://add.about.com/od/adhdinadults/a/Worktips.htm>