**HEALTH MYTHS: BUSTED!**



**Dr. Kenneth Hoffman, DACM,LAc Medical Director, SOPHIA natural health www.inm.center**

Is drinking milk better than taking calcium? Will eggs raise my cholesterol? Can I beat diabetes naturally? Learn the facts vs. the myths about health and wellness today

**Wednesday, February 14, 2018**

**12:30 PM**

**White Hall, room 127**

**WCSU, Midtown Campus - 181 White Street, Danbury, Ct**

Students, Faculty, Staff, and the public are invited to this free workshop. Bring your bag lunch and join us! Questions? Contact **Christel Autuori** at [autuoric@wcsu.edu](mailto:autuoric@wcsu.edu)