

DHARAMSALA TRIP

Tibetan Philosophy, Art & Culture

with a visit to the Golden Temple & the Taj Mahal

May 25-June 23, 2019



Indian Subcontinent and Himalayas

- Ca 50 million years ago, the main axis of the Himalayas was formed by the impact of the northward moving subcontinent on the Asian landmass (the subcontinent continues to move northward)
- 30 peaks rise to more than 25,000 ft (the world's highest peak, Mt. Everest, is 29,028 ft)
- the subcontinent's 3 main rivers (Indus, Ganges, Brahmaputra) flow from the glaciers built up on the southern slopes from its interception of the NW monsoon



The fecundity of India depends on the monsoon, Himalayan snows, glaciers and rivers. We will experience this ecosystem in the Kangra Valley region where Dharamsala is situated.



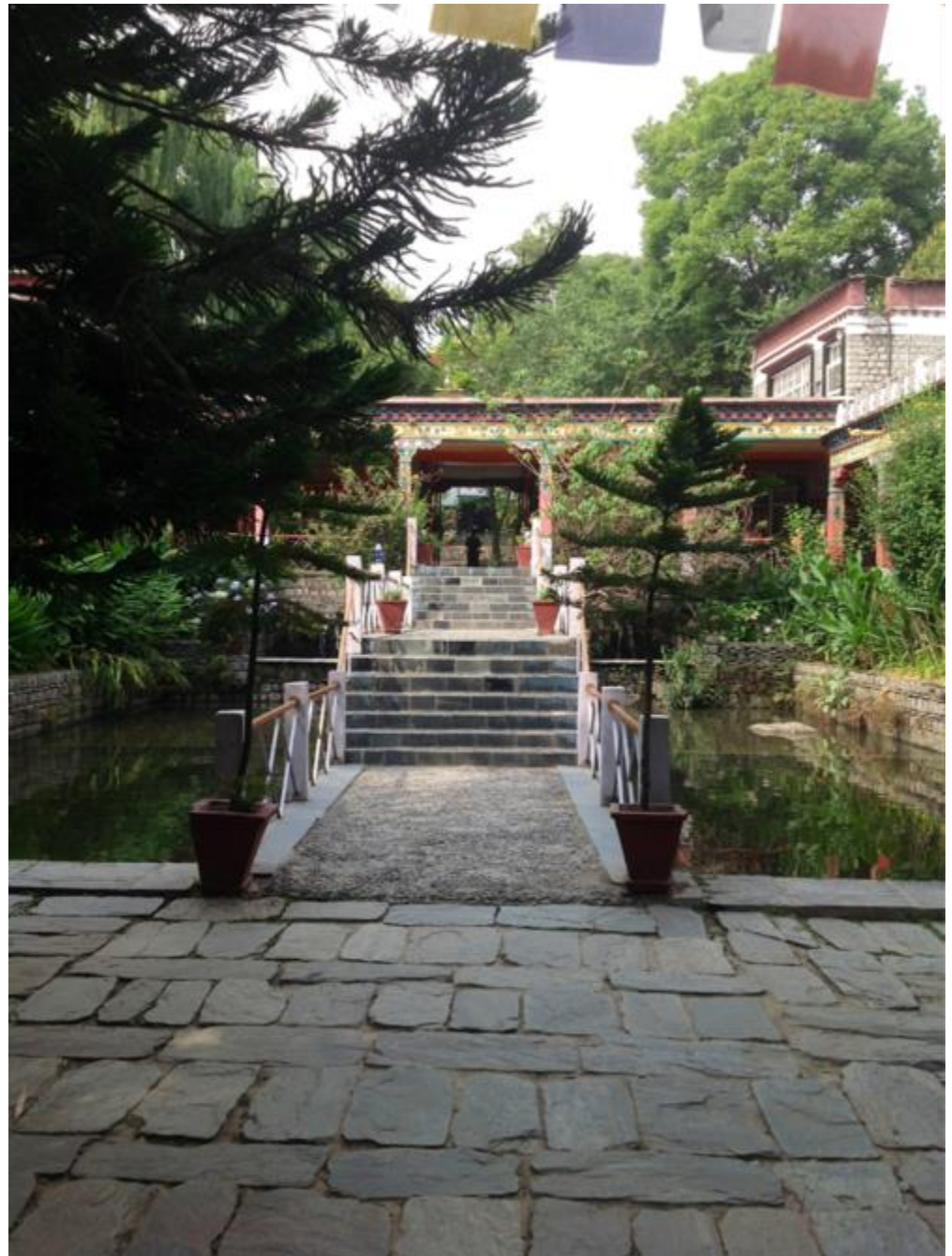


Norbulingka Front Gate



Norbulingka Institute

The Norbulingka Institute where we live, study and eat is in the village of Sidhpur, about 6km from the main town of Dharamsala, in the foothills of the Dhauladar Mts.











Norbulingka
Guest Room



Terrace farming in Sidhpur.



McLeod Ganj, the seat of the Dalai Lama and the Tibetan Government in Exile

McLeod Ganj is about 4km above the town of Dharamsala.



The Tibetan Diaspora in India

The Central Tibetan Schools Administration, with a seat in New Delhi, was formed in 1961. It runs schools teaching Tibetan language and culture for children in Tibetan refugee communities in various parts of India. There are refugees in Nepal, Bhutan, and the rest of the world, but the majority by far are in India, and especially in the Dharamsala area.



Tenzin Gyatso, the 14th Dalai Lama

Born July 6, 1935, and selected as the reborn 13th at 2 years old. Formally established as 14th Dalai Lama in Nov. 17, 1950, left Tibet for exile in India in 1959. In 2011, resigned as political leader of Tibet.





Courses

Tibetan Thangka Painting, Woodcarving or
Woodpainting 2 cr (mornings)

Tibetan Philosophy, Art & Culture
PHI, HUM, or HPX 4 cr (afternoons)



Norbulingka Woodworking Studio



Student doing woodworking







Student's
Thangka Painting



Student's Wood Painting















The river swimming site below a woods and temple sacred to Shiva.





Leave Norbulingka and Dharamsala on June 20
to visit Golden Temple in Amritsar
and Taj Mahal in Agra
and fly back to JFK on June 23.



