

FALL 2016 LEADERSHIP PROGRAMS

| PROGRAM CODE | PROGRAM NAME | MEETING DATE/TIME | | | | | | | | | | | | | | | | | | |
|---|--|--|------------------|--|------------------------------|----------------------------|----------------------------|--------------------|---------------------|--|------------------|-------------------------------------|-------------|--------|---|----------------|--------|---|---|------------------------------|
| LD100 | Residence Hall Programs | After registration, please collect a signature sheet from a resident director of your choice by <u>Friday, September 2nd, 2016</u> . Programs to attend can be found within the residence halls and listed on the Housing and Residence Life webpage. Final reflections will be submitted to Maribeth Griffin griffinm@wcsu.edu no later than <u>Wednesday, December 2nd, 2016</u> | | | | | | | | | | | | | | | | | | |
| LD101 | Student Government Association | SGA meets every Friday from <u>12:00pm-1:30pm</u> Monday, December 5 th by 12:00pm– reflection due | | | | | | | | | | | | | | | | | | |
| LD102 | Inter-Residence Hall Association | Tuesday's from 5pm-6pm in SC 226 September 6, 13, 20, 27 October 4, 11, 18, 25 November 1, 8, 15*, 29 (*no meeting on 11/22) December 6 | | | | | | | | | | | | | | | | | | |
| LD103 | University Forums | Students will develop their own schedule with the Interim Associate VP, Chief Diversity Officer | | | | | | | | | | | | | | | | | | |
| LD104 | Career Workshop | <p><u>*pre-registration required on collegecentral.com/wcsu*</u></p> <table> <tr> <td>Resume Workshops</td><td>9/21 @ 12pm 10/18 @ 3pm 11/11 @ 2:30pm</td><td>SC 207 WSCC 213 SC 207</td></tr> <tr> <td>Seniors at Career Services</td><td>9/7 @ 12pm 9/8 @ 2:30pm</td><td>SC 207 WSCC 213</td></tr> <tr> <td>Interview Workshops</td><td>10/12 @ 1pm 11/4 @ 11am (1 hour & ½)</td><td>SC 207 SC 207</td></tr> <tr> <td>Legislative Internship Info Session</td><td>10/5 @ 11am</td><td>SC 207</td></tr> <tr> <td>Pre-Thanksgiving Resumania (Resume critiques)</td><td>11/16 @ 12-4pm</td><td>SC 207</td></tr> <tr> <td>Drop-In Hours (all semester) (Resume Critiques)</td><td>Tues: 2-4pm Weds: 9-11am Thurs: 1-3pm</td><td>WSCC 213 SC 207 SC 207</td></tr> </table> | Resume Workshops | 9/21 @ 12pm 10/18 @ 3pm 11/11 @ 2:30pm | SC 207 WSCC 213 SC 207 | Seniors at Career Services | 9/7 @ 12pm 9/8 @ 2:30pm | SC 207 WSCC 213 | Interview Workshops | 10/12 @ 1pm 11/4 @ 11am (1 hour & ½) | SC 207 SC 207 | Legislative Internship Info Session | 10/5 @ 11am | SC 207 | Pre-Thanksgiving Resumania (Resume critiques) | 11/16 @ 12-4pm | SC 207 | Drop-In Hours (all semester) (Resume Critiques) | Tues: 2-4pm Weds: 9-11am Thurs: 1-3pm | WSCC 213 SC 207 SC 207 |
| Resume Workshops | 9/21 @ 12pm 10/18 @ 3pm 11/11 @ 2:30pm | SC 207 WSCC 213 SC 207 | | | | | | | | | | | | | | | | | | |
| Seniors at Career Services | 9/7 @ 12pm 9/8 @ 2:30pm | SC 207 WSCC 213 | | | | | | | | | | | | | | | | | | |
| Interview Workshops | 10/12 @ 1pm 11/4 @ 11am (1 hour & ½) | SC 207 SC 207 | | | | | | | | | | | | | | | | | | |
| Legislative Internship Info Session | 10/5 @ 11am | SC 207 | | | | | | | | | | | | | | | | | | |
| Pre-Thanksgiving Resumania (Resume critiques) | 11/16 @ 12-4pm | SC 207 | | | | | | | | | | | | | | | | | | |
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| LD105 | Career Exploration and Special Career Events | Western Connecticut State University Career Fair is typically conducted in the spring in April on Westside Campus O'Neill Center | | | | | | | | | | | | | | | | | | |
| LD106 | Hall Council | Hall Council time and date will vary by building. Please contact each Resident Director by <u>Wednesday, September 7, 2016</u> to see which hall council time fits best into your schedule. Resident Director contact information can be | | | | | | | | | | | | | | | | | | |

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| | | found on the housing and residence life page: http://www.wcsu.edu/housing/staff.asp |
| LD200 | Find Your LeaderShape | The following Thursday's from 4:00pm-5:00pm October 27* program does not meet, online assessment must be completed on this date November 3, 10, 17 & December 1 |
| LD201 | GROW: Great Resources on Weekdays | Students will develop their own schedule with the Director of Residential Programming and Staff |
| LD202 | Becoming and Engaged Student Leader | Students will develop their own schedule with the Assistant to the Director of the Center for Student Involvement Monday, December 5 th by 12:00pm– reflection due |
| LD300 | Athletics Department Team | Students will develop their own schedule with the Director of Athletics |
| LD301 | Cooperative Education Internship | Students will develop their own schedule with the Director of the Cooperative Education program Dr. Anthony Ciarleglio |
| LD302 | Resident Director to Be Experience | After registration the student will be assigned a Resident Director to work with by the Director for Residential Program and Staff. The student will then develop a schedule with the assigned Resident Director for the remainder of the semester. |
| LD303 | Paying It Forward to Youth Sports | Students will develop their own schedule with the Director of Athletics |

FALL 2016 COMPASSION PROGRAMS

| PROGRAM CODE | PROGRAM NAME | MEETING DATE/TIME |
|--------------|---------------------|---|
| CP100 | Counseling Workshop | Workshops will occur Wednesday's from 12:15pm-1:30pm Please select two workshops from those listed below: September 28 th : Mental Health Awareness October 5 th : Self-Compassion November 2 nd : Meditation November 16 th : Exploring Diversity December 7 th : Conflict Resolution |

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| CP101 | Academic Workshop | <p>All workshops occur on Friday's from 11:00am – 12:00pm</p> <p>Please select two workshops from those listed below:</p> <p>September 2nd: Beat the Clock! Planning for a Successful Semester.</p> <p>September 16th: Applications and Technology to Help with Time Management and Organization</p> <p>October 7th: Exam Crunch: How to Effectively Study</p> <p>October 21st: DIY Stress Management</p> <p>November 4th: Read&Write Gold; Reading</p> <p>November 18th: Read&Write Gold: Writing</p> <p>December 2nd; Final Exam Preparation.</p> |
| CP102 | Increasing Disability Awareness | Students will develop their own schedule with the Director of AccessAbility Services |
| CP103 | Walk In Their Shoes | Students will develop their own schedule with the Director of AccessAbility Services |
| CP104 | Increasing Mental Health Awareness | Students will develop their own schedule with the Director of the Counseling Center |
| CP200 | Community Service | Students will develop their own schedule with the Interim Associate VP, Chief Diversity Officer |
| CP201 | The Group Process – Skills for Successful Collaboration | <p>The following Tuesday's from 4:00pm-5:00pm</p> <p>November 1, 8, 15, 29 & December 6</p> |
| CP202 | Western Cultural Connection Series | <ul style="list-style-type: none"> • Mixed Race Mix Tape – Tuesday, August 30th • Hispanic Awareness Month Presentation – Wednesday, October 5th • History of Photojournalism – Tuesday, November 15th • December Event TBD |
| CP300* | Certification as a Peer Educator | Students will develop their own schedule with the Coordinator of Substance Abuse Prevention Programs |
| CP301 | Fall Community Service | Students will develop their own schedule with the Health Services Staff |
| CP302 | Spring Community Service | Students will develop their own schedule with the Health Services Staff |
| CP303 | STD Testing and Prevention | Students will develop their own schedule with the Health Services Staff |
| CP304 | Health Fairs & Mental Health Screenings | Students will develop their own schedule with the Director of the Counseling Center |
| CP 305 | Peace Jam Mentor | Students will develop a schedule with the Assistant Director of the Kathwari Honors Program. |

FALL 2016 CREATIVITY PROGRAMS

| PROGRAM CODE | PROGRAM NAME | MEETING DATE/TIME |
|--------------|---|---|
| CR100 | Now You've Built It.... Will they come? | The following Thursday's from 4:00pm-5:00pm September 22, 29 and October 6, 13 |
| CR101 | Clubs and Organizations | Students will develop their own schedule with the Assistant to the Director of the Center for Student Involvement Monday, December 5 th by 12:00pm– reflection due |
| CR200 | Fall Health Fair | Students will develop their own schedule with the Health Services Staff |
| CR201 | Design Your Own Housing and Residence Life Program | After registration, the students will schedule a meeting with an RD of their choice no later than Wednesday, September 7th, 2016 to understand the requirements. The remainder of the program will be done according to the student's schedule. |
| CR202 | Design Your Own Campus Program | The following Tuesday's from 4:00pm-5:00pm September 20, 27 and October 4, 11, 18 |
| CR300 | Peer Education Programming and More | Students will develop their own schedule with the Coordinator of Substance Abuse Prevention Programs |
| CR301 | Health and Wellness Presentation | Students will develop their own schedule with the Coordinator of Substance Abuse Prevention Programs |
| CR302 | Recreation Programming 101 | Students will develop their own schedule with the Assistant Director of the Center for Student Involvement |
| CR303 | The Healthy Mind & Body | Fridays from 11am – 12pmBerkshire Hall 103 -September 22, 30 -November 4,11,18 -December 2 nd - Presentations |