

WCSU

Special points of interest:



- <http://www.wcsu.edu/stuaffairs/Coffeehouse>
- <http://www.wcsu.edu/stuaffairs/Whatson>



- <http://www.facebook.com>
- <http://www.wcsu.edu/sports>
- <http://www.wcsu.edu/newsevents/events>
- <http://www.wcsu.edu/studentcenter/studentorg>
- <http://www.wcsu.edu/newsevents>
- <http://www.wcsu.edu/cdc>
- <http://www.wcsu.edu/recreation>
- <http://www.wcsucampus.dining.com>

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COMMUTER STUDENT E-NEWSLETTER

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How Are Your Learning Tools?

By: Michael Wilson, Assistant Professor, Education and Educational Psychology

Are you familiar with how you regulate your own learning? Here is a little self quiz that you can try on that might give you an idea about how well you regulate your own learning. If you can give an unequivocal yes to all of these questions, you can consider yourself in complete control of your own learning tools. But if you cannot, think about getting involved in ways to improve these tools.

Do you have learning strategies to deal with every learning problem? These learning problems include encountering learning tasks that seem particularly daunting such as reading complicated textbooks or putting together or using complex software or doing apparently different mathematical problems.

Do you have a positive sense of self efficacy in all the areas you need to learn? Self efficacy is related to specific subjects. People who say, "I am not good at mathematics" or "I'm not good at art" have a low self efficacy for those subjects which in essence means they don't feel good about their capabilities of learning in those areas.

Do your time schedules and physical environment support your learning? This is a matter of learning organizational skills that help you get the most out of your time and physical environment. Many people learn poorly simply because they have not established sufficient time or adequate spaces to do the learning the need.

Do you know how to use to your best advantage your motivation, concentration and the emotion related aspects of learning? Learning is not all thinking, ideas and knowledge, it also depends on your ability to concentrate on what you are learning. Frequently, there are motivational and emotional issues that

interfere with effective learning. Good self regulation of learning requires the learner to control feelings and desires so that they benefit the learning not detract from it.

Does your social life ever interfere with your learning? Human beings are social animals. Everything we do is in way bound by our social realities. This sociability can either support or detract from learning but its role in learning must be understood for it to be a positive force.

Do you know how to create self assessments and use them to enhance and improve your learning as well as what you are learning? One of the most effective processes in learning is to understand where mistakes are being made and correct them quickly. A great deal of learning occurs that is wrong and has to be unlearned. The longer something remains wrong, the harder it is to unlearn and learn again correctly so obtaining and using good feedback through self monitoring and sources outside of yourself can make your learning much more efficient.

Do you use your metacognitive skills to reinforce and improve your learning? This is your ability to observe your learning processes as they are functioning. It is very similar to your meta-linguistic processes in which you pay attention to what you say and when you make mistakes, you correct yourself.

To become the most effective learner possible, not just at WCSU but in the rest of your life, you must master these and other aspects of your personal learning instrument. If you cannot control the levers of learning, you will be less efficient in those aspects of your life that demand good learning skills which may be particularly crucial in this age increasingly greater dependence on greater amounts of complicated knowledge.



The Rotaract Club of WCSU Presents
FLIP-FLOPS FOR HAITI

**Bring flip-flops to the Quad from
May 3rd to May 7th
11:00 a.m. to 4:00 p.m.**



Collection boxes will be in
the main buildings from
May 10th to May 14th

May 4th and 6th only: Flip-Flops for Photos!

**For each pair of flip-flops you donate have your photograph
taken by professional photographer Katie Schnuck!**

Don't be Haiti-ng!
**DONATE FLIP-FLOPS
TO SEND TO EARTHQUAKE
VICTIMS!**

Looking for a job on campus?

Then University Computing has exactly what you need!

University Computing is looking for friendly, energetic students seeking employment for the **Fall 2010** semester. Positions are available at all four staffed computer centers on both the Midtown and Westside campuses.

Why choose University Computing?

- Conveniently located — close to all your classes!
- Flexible scheduling around your class schedule
- Opportunities to enhance proficiency in Microsoft Office and Adobe Creative Suite programs
- Be part of a dynamic and friendly community of student employees

If you are interested in employment, download an application by visiting www.wcsu.edu/technology/students and clicking on "Student Employment Application".

You can also stop by any of the staffed computer centers and ask the lab assistants on duty.

Applications should be delivered to University Computing, located in Old Main suite 303.

Thank you for your interest in University Computing!

www.wcsu.edu/technology 203.837.8467

Fall 2010 Parking Permits

Fall parking permits will not be available until after August 1, 2010.

Students attending the June Orientation program will have the opportunity to obtain their permits during their Orientation day activities.

Effective June 11, 2010 parking permits will no longer be issued from the West-Connect Office. Parking permits will be available from the University Police Department. More detailed information on where to go to obtain a parking permit will be available over the summer. Please check the website for the most up-to-date informa-

www.wcsu.edu/parking

Did You Know?

Tutoring Resource Center 104

We're friendly and we're free!

- Get a tutor in any subject
- Organize a Study Group
- Learn how to be a good advisee
- Improve your academic skills
- Learn test-taking strategies
- Master note-taking techniques
- Learn how to get the most out of college
- Benefit from our scholarly workshops
- Earn extra \$\$\$ working as a tutor in your major field. (Come to the TRC for details)

New Spring 2009 Hours:

Located in Berkshire Hall Midtown Campus

Monday - Thursday: 9 a.m. - 4 p.m.
Friday: 10 a.m. - 2 p.m.

Questions? CALL: 203-837-9245

Student Lounges

- The **TV Lounge**, located on the second level, provides a place for students to relax and enjoy their favorite shows before and after classes.
- The **Commuter Lounge**, located on the second level, is a nice quiet place for students to study or just hang out and relax in between classes. Browse the latest issue of Time, Newsweek or Sports Illustrated.
- The **Shuttle Lounge**, located on the ground level, serves as the lounge where students can relax, study, or socialize while they wait for the Colonial Shuttle to take them to the Westside campus.



APARTMENT FOR RENT

Located in Sandy Hook, CT (NEWTOWN)

Studio apt., includes EVERYTHING, even cable!!

Quiet street, river in front, sep. entrance, off street parking. Perfect for students. \$700.00/Mo. 1st month and 1 month security to move in.

Available May 1st

CALL WILL at (860)-733-5004