With the economic rise of India, China, Brazil and other countries, U.S. citizens have been and will continue to be affected by global competition. A great deal of this competition is the result of increases in education in these countries – their citizens are becoming more educated and therefore, the countries have been able to compete in increasingly greater numbers in technical, scientific and other knowledge/skill-related areas. Because of this global environment, we in the U.S. must strive to increase our educational potential if we want to maintain our standard of living. This means we must increase the amount and complexity of what we learn, and we must become better learners.

WCSU wants to make it possible for its students to increase their learning skills. In order to accomplish this task, students must become aware of and effectively use a variety of their basic learning tools. These tools are part of an area in education called self regulated learning (SRL).

They include, but are not limited to:

**Metacognition**
- Connecting assessment results to knowledge and skill development
- Evaluating progress toward goals
- Evaluating affective conditioning
- Gauging the level of self-efficacy
- Recognizing affect that interferes with learning

**Motivation**
- Establishing an effect array of actionable goals
- Establishing volitional patterns
- Generating connections between goals and course subjects
- Generating interest and focus

**Affective processes**
- Establish success related affect

By: Dr. Michael Wilson

If you are interested in being a productive member of the 21st century and feel a desire to increase your learning potential, let us know. We will be introducing and working on these and other topics as we go about helping students build their individual learning machinery. From time to time we will tell you in these pages about SRL workshops and other offerings to help you develop the learning skills you will need to compete in this global economic environment.
Welcome to college, your new home! The coming academic year will be filled with many opportunities to get involved in your new community—one of which includes being counted in the 2010 Census!

Once every 10 years, the U.S. Census Bureau takes a snapshot of everyone residing in the United States, regardless of age, race, or immigration status. People should be counted where they live and sleep most of the year, so if you live at school—on or off campus—that is where you will receive your questionnaire.

Filling out the questionnaire is easy. The 2010 Census questionnaire will be delivered to you at your dorm or apartment in March or April 2010. When it comes, BE COUNTED: Find it. Fill it out. Send it back.

Filling out the questionnaire is safe. By law, the Census Bureau cannot share the answers that respondents provide with anyone, including law enforcement and any other government agency or court.

We can’t move forward until you send it back, so be sure that you are counted in the 2010 Census.

Best of luck in the coming academic year!

Get Involved!

Get involved in the largest peacetime mobilization effort of the American public. Look for 2010 Census activities and information on your campus this fall, and learn more by contacting the Boston Regional Census Center at:

Boston.PDSP@census.gov
or by visiting

Students: Did you know...?

- $26,000 – Average amount that workers with a bachelor’s degree earn above what workers with a high school diploma earn.
- 20.8 million – The estimated number of students enrolled in the nation’s colleges and graduate schools (2007).
- 5.6 years – Average amount of time it takes people to complete bachelor’s degrees. It takes an average of 4.4 years to complete an associate’s degree.
- 1 in 3 – The number of women age 25-29 who have a bachelor’s degree or higher (2007).
- More than 1 in 4 – The chance that the hot dogs and pork sausages consumed on the Fourth of July originated in Iowa. (Hey—you never know when you might need to know this!)
The SPOTS for Commuters

PAC Movie Night
Student Center Theater
On select Fridays at 8 p.m.

Warner Hall Coffee Kiosk
First Floor, Warner Hall
Mo – Th 8 a.m. – 2 p.m.

Midtown Coffeehouse
Alumni Hall
Thursdays at 8 p.m.
Open Mic
Featured Performers
Free Food and Coffee

Midtown Food Court
Lower Level, Student Center
Mo – Th 7 a.m. – 9 p.m.
Friday 7 a.m. – 2 p.m.

The Daily Grind
Westside Campus Center
Sunday 6 – 11 p.m.
Mo - Th 3 – 11 p.m.
Closed Fridays and Saturdays

Game Room
Second Floor, Student Center
Mo – Th 11 a.m. – 8 p.m.
Fridays 11 a.m. – 4 p.m.

Commuter Lounge
Second Floor, Student Center
Normal Building Hours

All times are subject to change.

-Designed by Students for Students-
Meeting & Refreshments

**COMMUTER STUDENT APPRECIATION DAY**

**WEDNESDAY SEPTEMBER 30th, 2009**

**Topic:** Services & Programs for Commuters

**Presented by:** WCSU Commuter Student Organization

**All Commuters Welcomed!!!**

To be held in **Warner Hall**

11:00 AM — 1:00 PM

-Designed by Students for Students-