B.S. Health Promotion Studies                      Student: __________________________
Option: Community Health                     Campus email: ______________________

I. GENERAL EDUCATION REQUIREMENTS (42 S.H.)

Communication Skills (3 S.H.)
Completed a writing intensive course Yes ___
COM 160, 161 or 162 3

Humanities (15 S.H. Minimum, 3 of 7 fields: Communication, Philosophy, Literature Fine & Applied Arts (only 1 studio course accepted), Foreign Language, Humanistic Studies, Western History
Fine and/or Applied Arts ______ 3
HIS 101 American Perspectives ______ 3
PH 111 Ethical Issues in Healthcare ______ 3
                                  ______ 3

Social and Behavioral Sciences (12 S.H.)
PSY 100 Introduction to Psychology ______ 3
SOC 100 Introduction to Sociology ______ 3
SW 220 Cultural Diversity ______ 3
PSY 218 Principles of Behavior Modification ______ 3

Natural Science and Mathematics (10 S.H.)
CHE 102 Everyday Chemistry ______ 4
MAT 115 OR MAT 120 ______ 3
                                  ______ 3

Health Promotion & Exercise Sciences (2 S.H.)
HPX 177 Fitness for Life ______ 2

II. MAJOR REQUIREMENTS (57 S.H.)

Core Requirements (42 S.H.)
BIO 105 Anatomy & Physiology I ______ 4
BIO 106 Anatomy & Physiology II ______ 4
PSY 260 Health Psychology ______ 3
HPX 100 Health Promotion & Maintenance ______ 3
HPX 200 Intro. To Community Health & Organizations ______ 3
HPX 270 Health Education Theory and Application ______ 3

Community Health Option (15 S.H.)
HPX 202 Epidemiology of Disease ______ 3
HPX 353 Environment and Global Health ______ 3
HPX ______ (see back for electives) ______ 3
HPX ______ (see back for electives) ______ 3
HPX ______ (see back for electives) ______ 3

III. FREE ELECTIVES (26 S.H.)
                                  ______
                                  ______
                                  ______
                                  ______
                                  ______
                                  ______

Total Transfer Credits

+Minimum of 125 S.H., minimum C grade in all major classes, and G.P.A. of 2.5 required for B.S.
Health Promotion Studies with Community Health Option Degree

General education requirements at Western total 42 semester hours. In some instances, work toward a major program partially fulfills general education requirements. The remaining general education requirements for this program are show above.

WESTERN CONNECTICUT STATE UNIVERSITY
WESTERN CONNECTICUT STATE UNIVERSITY
B.S. HEALTH PROMOTION STUDIES
OPTION IN COMMUNITY HEALTH

Suggested courses to satisfy Writing Intensive requirement (need one):
SW 270W Writing for the Human Service and Health Care Professions
ENG 245 Technical Writing
ENG 270 Basic News Writing
ENG 271 Human Interest
ENG 339 Creative Writing

**Students must average 16 credits per semester to graduate in four years**

COMMUNITY HEALTH OPTION COURSE SEQUENCING

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<tr>
<th>Freshman Year</th>
<th>Fall Semester</th>
<th>Spring Semester</th>
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<tbody>
<tr>
<td>PSY 100</td>
<td>HPX 100</td>
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<tr>
<td>HIS 101</td>
<td>CHE 102</td>
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<td>PHI 111</td>
<td>HPX 177</td>
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<td>SOC 100</td>
<td>ENG (WI)</td>
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<tr>
<td>COM 162</td>
<td>Gen Ed Elective</td>
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<th>Sophomore Year</th>
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<td>HPX 202 (fall only)</td>
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<tr>
<td>BIO 105</td>
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<tr>
<td>SW 220</td>
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<td>Gen. Ed. Elective</td>
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<th>Junior Year</th>
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<td>HPX 371(fall only)</td>
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<td>HPX 370 (fall only)</td>
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<tr>
<td>PSY 260 (fall only)</td>
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<td>HPX Elective</td>
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<th>Senior Year</th>
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<tr>
<td>Fall Semester</td>
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<tr>
<td>HPX 490 (fall only)</td>
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<td>HPX 491 (fall only)</td>
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HPX Community Health Electives:
HPX 160 First Aid Safety
HPX 281 Principles of Wellness (spring only)
HPX 254 Fitness Seminar & Lab (spring only)
HPX 205/207 Nutrition & Health (spring only)
HPX 230 Drug Studies (fall only)
HPX 352 Mental Health (spring only)
HPX 355 Human Sexuality (fall only)

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