

Western Connecticut State University Degree Works

Student		College		Hold	
ID		School		Athletics	
Classification		Degree	BS Health Promotion Studies, Holistic and Integrative Health	Housing Status	
Advisor		Major		Full-Time/Part-Time	
Overall GPA		Concentration		Catalog Term	FALL 2019
		Minor		FERPA Indicator	

Legend

<input checked="" type="checkbox"/> Complete	<input checked="" type="checkbox"/> Complete except for classes in-progress	(TR) Transfer Class
<input type="checkbox"/> Not Complete	<input checked="" type="checkbox"/> See Advisor - Nearly Complete	@ Any course number
IP In-Progress Course		

BS in Health Promotion Studies/Holistic & Integrative Health - 120 credits

Unmet conditions for this set of requirements: 120 credits are required.

- Minimum credits at WCSU A minimum of 30 credits must be taken at WCSU.
- A minimum cumulative GPA of 2.5 is required When your first term is graded, your cumulative GPA will be calculated. If your cumulative GPA falls below 2.5 it is important to see an advisor to make plans for raising your GPA.
- General Education Competency Requirements See **General Education Competency Requirements** section
- General Education Course Requirements See **General Education Course Requirements - HPX** section
- Major Requirements See **Major in Health Promotion Studies** section
- General Electives See **General Electives - 16 Credits** section

General Education Competency Requirements

Unmet conditions for this set of requirements: Students must complete each of the competencies listed below. In addition, students must complete 3 of the competencies a second time excluding First Year (FY) and WRT 101 (WI).

- General Education Competencies**
- Creative Process (CP) 1 to 2 Classes
- Critical Thinking (CT) 1 to 2 Classes
- Oral Communication (OC) 1 to 2 Classes
- Health and Wellness (HW) 1 to 2 Classes
- Scientific Inquiry (SI) 1 to 2 Classes
- Intercultural Competence (IC) 1 to 2 Classes
- Information Literacy (IL) 1 to 2 Classes
- First Year Experience (FY) 1 Class

<input type="checkbox"/>	Culminating Experience (CE)	1 to 2 Classes
<input type="checkbox"/>	Writing Course (WRT 101)	WRT 101
<input type="checkbox"/>	Writing Intensive II (W2)	1 to 2 Classes
<input type="checkbox"/>	Writing Intensive III (W3)	1 to 2 Classes
<input type="checkbox"/>	Quantitative Reasoning (QR)	1 to 2 Classes

General Education Course Requirements - HPX

Unmet conditions for this set of requirements: 40 credits are required.

<input type="checkbox"/>	Writing Course	WRT 101
<input type="checkbox"/>	Cognate Courses (18 S.H.)	
<input type="checkbox"/>	Ethical Issues in Healthcare	PHI 223
<input type="checkbox"/>	Introduction to Sociology	SOC 100
<input type="checkbox"/>	Introduction to Biostatistics or Elementary Statistics	MAT 115 or 120
<input type="checkbox"/>	Cultural Diversity	SW 220
<input type="checkbox"/>	Introduction to Psychology	PSY 100
<input type="checkbox"/>	1 Psychology Elective	
<input type="checkbox"/>	19 General Education credits outside major requirement	

Major in Health Promotion Studies

Unmet conditions for this set of requirements: 64 credits are required.

Minimum credits at WCSU A minimum of 32 credits must be taken at WCSU.

HEALTH PROMOTION STUDIES MAJOR CORE

<input type="checkbox"/>	Anatomy & Physiology I - C or better	BIO 105
<input type="checkbox"/>	Anatomy & Physiology II - C or better	BIO 106
<input type="checkbox"/>	General Chemistry or Everyday Chemistry - C or better	CHE 102 or 110
<input type="checkbox"/>	Health Psychology - C or better	PSY 260
<input type="checkbox"/>	Introduction to Health Promotion & Practice - C+ or better	HPX 103
<input type="checkbox"/>	Introduction to Community Health & Organizations - C+ or better	HPX 200
<input type="checkbox"/>	Epidemiology of Disease - C or better	HPX 202
<input type="checkbox"/>	Health Education Theory and Application - C+ or better	HPX 270
<input type="checkbox"/>	Health Promotion Program Planning & Introduction to Evaluation - C+ or better	HPX 370
<input type="checkbox"/>	Health Communication Methods and Strategies - C+ or better	HPX 371

<input type="checkbox"/>	Health Promotion Program Implementation & Evaluation Methods - C+ or better	HPX 470
<input type="checkbox"/>	Practicum for Health Promotion Studies - C or better	HPX 490
<input type="checkbox"/>	Health Promotion Studies Senior Seminar - C or better	HPX 491
<input type="checkbox"/>	HOLISTIC AND INTEGRATIVE HEALTH OPTION - C or better in each course	
<input type="checkbox"/>	Introduction to Principles of Holistic and Integrative Health	HPX 240
<input type="checkbox"/>	Mind/Body Interventions for Health	HPX 241
<input type="checkbox"/>	Cross-Cultural and Traditional Healing Methods	HPX 242
<input type="checkbox"/>	Food, Herbs, Supplements and Other Products	HPX 343
<input type="checkbox"/>	1 Holistic and Integrative Health Elective ANT 233 or COM 245 or HPX 253 or 281 or 352 or 353 or 344 or PHI 241 or 245 or 265 or 340 or SOC 233	

General Electives - 16 Credits

Notes: