

## Minor in: Exercise Science Minor (18 CR.)

Name: \_\_\_\_\_ Adviser: \_\_\_\_\_



### Requirements for admission or application to the program:

Students accepted into the program are expected to have completed all course prerequisites for the program.

REQUIRED COURSES (18 CR.)		
HPX 100 Health Promotion & Maintenance	3	Course:
HPX 203: Nutrition and Health	3	Course:
PSY 262: Sport Psychology	3	Course:
HPX 313: Principles of Personal Training*	3	Course:
HPX 314: Exercise Physiology*	3	Course:
HPX 318: Exercise Kinesiology*	3	Course:

- To obtain a minor you must notify the Department Chairperson of your interest by submitting this form. A copy should also be sent to the Registrar's Office so that we may add the minor to your transcript.
- Depending upon your major requirements, you may need to take credit hours over the degree credit minimum required for graduation. Please see your advisor to review all program requirements.  
\*Courses with prerequisite requirements of BIO 105 & BIO 106

NOTES: