

## Minor in: Wellness Management (18 CR.)

Name: \_\_\_\_\_ Adviser: \_\_\_\_\_



### Requirements for admission or application to the program:

Students accepted into the program are expected to have completed all course prerequisites for the program.

REQUIRED COURSES (18 CR.) select four from approved list		
HPX 100 Health Promotion & Maintenance	3	Course:
HPX 271 Health Education Programs in the Community	3	Course:
Any course from approved list	3	Course:
Any course from approved list	3	Course:
Any course from approved list	3	Course:
Any course from approved list	3	Course:

- To obtain a minor you must notify the Department Chairperson of your interest by submitting this form. A copy should also be sent to the Registrar's Office so that we may add the minor to your transcript.
- Depending upon your major requirements, you may need to take credit hours over the degree credit minimum required for graduation. Please see your advisor to review all program requirements.

### Approved List of HPX Electives:

HPX 205/207 Nutrition and Health  
HPX 254 Fitness Seminar & Lab  
HPX 255 Group Activity Instruction  
HPX 281 Principles of Wellness  
HPX 380 Worksite Health

### NOTES: