



WCSU Alumni Nursing Society

WESTERN CONNECTICUT STATE UNIVERSITY

SPRING 2019 NEWSLETTER

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**[www.wcsu.edu/
alumni/nursing-
alumni](http://www.wcsu.edu/alumni/nursing-alumni)**

SPRING EVENT

April 24, 2019, at 4 p.m.

Location: White Hall 122

***Lois Mulhern BSN, RN, NCSN
"Contemporary School Nursing"***

Lois Mulhern graduated from Simmons College with her BSN. She began her career as a charge nurse on the surgical floor at Waterbury Hospital. Over the years, Mulhern has worked in many areas, including postpartum and recovery room, operating room as a pediatric nurse specialist, and prenatal educator. She was certified as a Childbirth Educator and Lactation Consultant. She was an integral contributor to the construction and introduction of the new childbirth center at St. Mary's Hospital in Waterbury. In 1996, she became the School Nurse Coordinator for Region 12. Mulhern revamped and restructured the school nurse program completely and brought it to compliance with school health law. In 2007, she was hired by the Waterbury Department of Public Health to become the School Health Manager. She is responsible for administration of the school health program, which includes 39 school health rooms and 23,000 students. Mulhern supervises 60 nurses and 17 public health aids.

***The Class of 2019 will present their Capstone
Projects at the spring event.***

WE NEED YOUR SUPPORT!

Annual membership dues for the Alumni Nursing Society are due each year on **May 1**. Please continue to support the Society. Membership dues help with expenses such as materials, mailings, scholarships and events. Please see Membership and Pledge form enclosed. We thank you for your support, or Sign-up online at www.alumni.wcsu.edu/nursing-society



Have you recently gotten married and changed your name? Did you move?

We can't tell you about the wonderful things that are happening if we can't reach you.

Update your information now. Contact the Office of Alumni Relations at (203) 837-8298 or email alumni@wcsu.edu.

NEWS FROM THE WCSU NURSING DEPARTMENT

- ✿ WCSU nursing has been very active. We welcomed 84 new sophomore nursing students in September. We had 50 nursing students graduate in May 2018. They have received employment in many hospitals in Connecticut, including the Western Connecticut Health Network, Danbury and Norwalk Hospital, Yale Health Systems, Waterbury Hospital and Hartford Healthcare.
- ✿ This past December, 17 students graduated from the master's program and a new clinical cohort started in January 2019. We had our first pass on the certification exam.
- ✿ The Department of Nursing welcomed the fourth cohort into the doctoral program in Nursing Education. This is an Ed.D. program in collaboration with Southern Connecticut State University.
- ✿ Three faculty members defended their dissertation. They were members of cohort two: Dr. Eileen Campbell, Dr. Linda Dalessio, and Dr. Mary Nielson.
- ✿ WCSU nursing students - both generic undergraduate and RN/BS, have been participating in community health fairs to promote wellness and preventative health care practices. Many WCSU students participated in Mission Health Day, which was held on Oct. 13, 2018, at WCSU in partnership with the Western Connecticut Health Network.
- ✿ RN/BS students attended the Legislative Days in spring 2018 and Connecticut Nurses' Association Convention in October, 2018.
- ✿ The Department of Nursing is very excited about our new Lab/Simulation coordinator, Andy Hull. Andy graduated from WCSU with his BSN in 2004 and his MSN in the Clinical Nurse Specialist track in December 2018. He started his new position on January 15, 2019. He has jumped right in and started to organize the labs and simulation rooms. He has reached out to faculty to start to put together a simulation program for all students.

The Department of Nursing has seen some leadership changes.

Dr. Joan Palladino has assumed the role of Interim Dean of the School of Professional Studies. Dr. Jeanette Lupinacci was elected as the new Chair of the Department of Nursing. Dr. Eileen Campbell was appointed as the undergraduate coordinator.

Sigma events:

- ✿ Connecticut Collaborative Research Day is at Quinnipiac University on Wednesday, March 20, from 4 – 8 p.m.
- ✿ There are plans for an SNA / Sigma Ice Cream Social for welcoming new students at the end of March or beginning of April.
- ✿ Sigma Induction is Thursday, April 4, at 5 p.m. in the Westside Campus Center Ballroom.
- ✿ The Kappa Alpha Research Tea is on Wednesday, April 10, from 3 – 5 p.m. If interested in submitting a poster, please contact Linda Warren, Diane Bennett or Jennifer Ort.

WINDOW DECALS AVAILABLE

New WCSU Alumni Nursing Society window decals are now available for \$5. Some of the previous window decals are also still available. Please see Terri-Ann Tilquist, Nursing Department secretary, to purchase one, or email Monica Sousa at Sousam@wcsu.edu.



For more information about what is going on at WCSU, go to www.wcsu.edu/alumni.



The Nursing Lab Campaign Continues!

We are looking for donations to help grow our nursing labs. Funds donated go toward replacing equipment that is old or broken, as well as buying new and innovating equipment to enhance the learning experience of the nursing students at WCSU. We greatly appreciate any donation you can give. Please check out the video we recently made to highlight the simulation labs.

www.youtube.com/watch?v=v6eJ0PIbGS8



If any master's - prepared alumni are interested in teaching as an adjunct or helping the nursing department, we'd love to hear from you!





WCSU Alumni Nursing Society Membership Form

**Please print, complete and return this form, along with your donation, by May 1 to:
WCSU Alumni Office, Attn: Alumni Nursing Society, 181 White St., Danbury, CT 06810.**

Name _____

Phone (H) _____ (W) _____

Email _____

Street _____

City _____ State _____ Zip _____

- Yes, I want to join the WCSU Alumni Nursing Society. \$25 _____
- Yes, I want to renew my WCSU Alumni Nursing Society Membership. \$25 _____
- Yes, I want donate \$_____ to the **Nursing Labs Campaign.**

Enclosed is my membership payment of \$25 plus an additional for a total of \$_____.

Preferred Payment Options:

Check (payable to WCSU Foundation/ Alumni Nursing Society)

Visa MasterCard Discover AMEX

Credit Card # _____ Security Code _____ Exp. _____

Name on Card _____

Signature _____

News Updates (for publication in The Cupola magazine):

Let us know what you have been up to professionally and personally (career moves, accomplishments, retirement, etc.)

For more information about the WCSU Alumni Nursing Society,

visit www.wcsu.edu/alumni/nursing-alumni.