

TRAUMA-INFORMED TEACHING SEMINAR WITH **DR. MAYS IMAD**

Reparative Humanism and Trauma-Informed Teaching: Enhancing Wellbeing in Higher Education

In this interactive workshop, we will explore the role of trauma-informed practices in tending to and improving faculty and student wellbeing. By integrating the principles of reparative humanism, we will delve into how acknowledging and addressing trauma can transform our teaching environments.

The session will focus on actionable strategies that faculty can implement to support their own self-care and effectively nurture their students' mental health. We will discuss practical applications of trauma-informed teaching, such as creating safe classroom spaces, enhancing emotional resilience, and fostering a sense of community and interconnectedness.

Participants will leave equipped with tools and insights to apply these principles in their daily interactions and teaching practices, ultimately contributing to a more inclusive and supportive educational environment.



Dr. Mays Imad is associate professor at Connecticut College. Dr. Imad is interested in understanding the social determinants of student wellbeing and success and conducts research on equity pedagogy. Her work reflects a deep commitment to equity and justice in and through education.

RSVP For Trauma-Informed
Teaching Seminar with Dr. Mays
Imad



MONDAY SEPTEMBER 23, 1:30-3:30

WHITE HALL 127, MIDTOWN CAMPUS

RSVP REQUIRED; SPACE IS LIMITED

RSVP: <https://forms.office.com/r/Vws6vMLrKj>

Questions? Contact Aura Lippincott lippincotta@wcsu.edu

If you require any accommodations to participate in this event, please contact counselingservices@wcsu.edu

Co-sponsored by the WCSU JED Taskforce and CELT