## Western Connecticut State University <br> General Education Committee 2008-2009

Members: Daryle Brown (PS), Ron Drozdenko (Ancell), Robin Flanagan (At-Large, Chair), Veronica Kenausis (Library, Webmaster), Patty O’Neill (First Year Coordinator), Chuck Rocca (A\&S), Alba Skar(A\&S), Linda Vaden-Goad (Dean), Kerry Walker (VPA), Alan Anderson (CUCAS rep), Student rep

Meeting Time: First Friday of the month at 9:00 am. September 5, 2008, October 3, 2008, November 14 (recently rescheduled), 2008, December 5, 2008, February 6, 2009, March 13 (an exception), 2009, April 3, 2009, May 1, 2009.

Meeting Place: Haas Library $2^{\text {nd }}$ floor conference room

## Agenda

Friday November 14, 2008
Recording: O'Neill
I. Meeting with Dr. Rinker regarding support for the FYE program (8:00 am to 9:00 am)
II. Minutes of May 2 meeting
III. Minutes of October 3 meeting
IV. Input from community ( 15 minutes)
V. Old business
a) Update on FYE
b) Update on assessment of General Education curriculum
c) Inside Higher Ed article on Gen Ed at Temple University
d) The Writing Requirement
e) NEEAN Forum on Gen Ed Assessment for Learning and Teaching
VI. New business (will not begin earlier than 9:00 am)
a) Changes to American Studies and Elementary Ed/American Studies general education program sheets (Margaret Murray)
b) Changes to HPX "fitness for life" requirement (Jody Rajcula)
VII. Adjourn (by 10:30)

## VI.a.

## General Education Change to B. A. American Studies and B.S. Elementary Education/American Studies

 Program Sheets
## Modification \#1

## B.A. American Studies

One free elective will be removed
ENG 130 W: English Seminar will be entered for a General Education Requirement
Rationale: ENG 130W course is required of all English majors and minors as well as all English Education minors. The American Studies Program is both an English Major and a History Major. Therefore, it should be required.

## Modification \#2

## B.S. Elementary Education/American Studies

Remove: /ENG 160, ENG 161 or ENG 200 Lit I, II, or III
Rationale: These courses no longer exist.

## Add: ENG 130 W

Rationale: ENG 130W is required of all English majors and minors as well as all English Education minors. The American Studies Program is both an English Major and a History Major. Therefore, it should be required.
VI.b.

TO: Program Review Committee
FROM: Jody Rajcula, Chair, Health Promotion \& Exercise Sciences
DATE: October 2, 2008
RE: Re-alignment of Physical Education activity courses

HPX is requesting the re-alignment of all physical activity courses into the 'Fitness for Life' module. The 'Fitness for Life' module includes a 1.0 credit lecture and a 1.0 lifetime activity course(yoga, tai chi, powerwalking, resistance training, aerobic dance, body sculpting etc) that runs an entire semester/term. All of these courses have the number of HPX 177.

Since Fitness for Life was approved in 2003, the courses have filled to capacity and student evaluations indicate it is well received. The traditional skill based courses(basketball, volleyball, tennis, badminton, weight training, golf, softball and some dance classes) remained 'stand alone' courses. All of these courses have their own number, HPX xxx and vary from .5 to 1.0 credits.

In an effort to engage students on the benefits of all types of physical activity, to streamline our course offerings and clear up any confusion regarding what constitutes an 'activity class', the HPX department is asking that all activity courses be moved into the Fitness for Life module and carry the number of 177.

Students who already have some activity course credit, either by grandfathering or via transfer into the University, may be granted an exception from taking the lecture and lab components of HPX 177 concurrently. Student athletes will be waived from the activity portion of the course provided they have 1.0 credit through their sport. Current skill based activity courses will be enhanced from .5 to 1.0 credits, or will be combined with like skill courses.

## PROCEDURE FOR THE MODIFICATION* OF THE UNDERGRADUATE OR GRADUATE CURRICULUM

PROPOSAL NAME: change all non HPX Fitness for Life activity classes to Fitness for Life

## TO REVISE (CHECK ONE)

MAJOR
OPTION

TO ESTABLISH/CHANGE (CHECK ONE)
_ NEW COURSE
COURSE TITLE MINOR COURSE PREREQUISITE(S) X OTHER(change all non FFL activity _ COURSE LABEL
__COURSE LEVEL
___COURSE OUTLINE COURSE DESCRIPTION classes to FFL and list as separate sections)

1. DEPARTMENT APPROVAL (Chair(s) signature)

Date $\qquad$ 200_
2. The following affected departments have been notified of the proposal (attach copy) (Chair(s) signature)
$\qquad$ Date $\qquad$ 200_
3. SCHOOL CURRICULUM COMMITTEE (Chair(s) signature)

Approval $\qquad$ Date $\qquad$ 200_

Disapproval (reasons, comments or recommendations**) $\qquad$

| Date |  | 200 |  |
| :---: | :---: | :---: | :---: |
| 4. | GRADUATE COUNCIL (Chair(s) signature-when applicable) |  |  |
| Approval |  | _ Date | 200_ |

Disapproval (reasons, comments or recommendations** $\qquad$
___ Date__20_
5. COMMITTEE ON UNDERGRADUATE CURRICULUM \& ACADEMIC STANDARDS (Chair(s) signature)
Approval $\qquad$ Date $\qquad$ 200_

Disapproval (reasons, comments or recommendations** $\qquad$
Date____200_
6. ADMINISTRATIVE REVIEW

Approval $\qquad$ Date $\qquad$ 200_

Disapproval (reasons, comments or recommendations** $\qquad$
Date
200_

NOTE: Undergraduate curriculum requests are to be sent to the Committee on Undergraduate Curriculum \& Academic Standards. Graduate curriculum requests are to be sent to the Graduate Council.
*CIP number exists and/or additional equipment and/or staffing is not required. ${ }^{* *}$ Use additional page(s) if necessary. WCSU FH SUPPLEMENT II 98 August, 200398 Rev.8/

## Western Connecticut State University Health Promotion and Exercise Sciences Department

Proposal: change course numbers below to 177 and list as separate activity sections under Fitness For Life

Current Course numbers, Titles and credits:

| HPX | 110 | WEIGHT TRAINING | .5 |
| :--- | :--- | :--- | :--- |
| HPX | 114 | BASKETBALL | .5 |
| HPX | 116 | SOFTBALL | .5 |


| HPX | 118 | VOLLEYBALL I | .5 |
| :--- | :--- | :--- | :---: |
| HPX | 120 | SOCCER | .5 |
| HPX | 218 | VOLLEYBALL II | .5 |
| HPX | 123 | BADMINTON | .5 |
| HPX | 126 | GOLF I | .5 |
| HPX | 129 | SWIMMING | .5 |
| HPX | 131 | YOGA | .5 |
| HPX | 134 | TENNIS I | .5 |
| HPX | 136 | HIKING \& BACKPACKING .5 |  |
| HPX | 142 | TAI CHI | .5 |
| HPX | 158 | BALLROOM DANCE | .5 |
| HPX | 159 | FITNESS THRU DANCE | .5 |
| HPX | 170 | BALLET FOR BEGINNERS 1.0 |  |
| HPX | 171 | MODERN JAZZ | 1.0 |
| HPX | 172 | INTRO MODERN DANCE 1.0 |  |
| HPX | 174 | SQUARE DANCE I |  |
| HPX | 218 | VOLLEYBALL II | .5 |
| HPX | 223 | BADMINTON II | .5 |
| HPX | 231 | YOGA II | .5 |
| HPX | 234 | TENNIS II | .5 |

Proposed courses, titles: HPX 177 Fitness for Life (all courses listed above will become 1.0 activity courses and listed as separate activity sections under HPX 177 Fitness For Life)

Semester hour credit: 2.0(1.0 credit of FFL Lecture; 1.0 credit of FFL Activity)
Rational for Change: In an effort to engage students on the benefits of all types of physical activity, to streamline our course offerings and clear up any confusion regarding what constitutes an 'activity class'.

Current Course Description: We are not changing any course descriptions
Proposed Course Description: We are not changing any course descriptions
Proposed Course Topical Outline: N/A
Time provision: fall 2009
Standard grading: yes

## 1. RESOURCE NEEDS <br> N/A

2. IMPLEMENTATION TIME SCHEDULE
fall 2009
3. HOW DOES PROGRAM (NEW/MAJOR MODIFICATIONS TO A PROGRAM) MEET THE UNIVERSITY'S STRATEGIC PLANNING GOALS?

Goal 1: Outstanding Faculty - Retain and attract outstanding faculty who excel in their subject area and discipline and are committed to excellence in teaching, ensuring student success and fostering a diverse academic community.
1.4 Support and promote quality academic advising as an attribute of outstanding
faculty, especially as related to ensuring student success.
With the current structure and course numberings in HPX, students and advisors become confused as to what constitutes an 'activity' class. Changing the structure and having only one course to fulfill the general education physical activity requirement will avoid confusion, delays and allow all students to graduate in a timely manner.

## PROCEDURE FOR THE MODIFICATION* OF THE UNDERGRADUATE OR GRADUATE CURRICULUM

PROPOSAL NAME: change all University program sheets to reflect the one option to fulfill the physical activity general education requirement ; change the name of the department from 'Physical Education' to 'Health Promotion \& Exercise Sciences'

| TO REVISE (CHECK ONE) | TO ESTABLISH/CHANGE (CHECK ONE) |
| :---: | :---: |
| MAJOR | NEW COURSE __COURSE LEVEL |
| OPTION | COURSE TITLE __COURSE OUTLINE |
|  | MINOR __COURSE DESCRIPTION |
|  | __COURSE PREREQUISITE(S) X OTHER(one option for physical activity gen ed COURSE LABEL requirement; change dept name) |

1. DEPARTMENT APPROVAL (Chair(s) signature) Date $\qquad$ 200
2. The following affected departments have been notified of the proposal (attach copy) (Chair(s) signature)

Disapproval (reasons, comments or recommendations**) $\qquad$

Disapproval (reasons, comments or recommendations** $\qquad$

3. COMMITTEE ON UNDERGRADUATE CURRICULUM \& ACADEMIC STANDARDS (Chair(s) signature)
Approval $\qquad$ ( $\qquad$
Disapproval (reasons, comments or recommendations**


# Western Connecticut State University <br> Health Promotion and Exercise Sciences Department 

Proposal: change all University program sheets to reflect the one option to fulfill the physical activity general education requirement ; change the name of the department from 'Physical Education' to 'Health Promotion \& Exercise Sciences'

Course number: HPX 177

Course title: Fitness for Life
Semester hour credit: 2.0

Rational for Change: All university program sheets currently list two ways for students to complete their physical activity general education requirement: take HPX 177 for 2.0 credits or take a combination of .5 or 1.0 activity courses to total 2.0 credits.(these are listed on the program sheet with four separate spaces) With all activity courses having the same number(177) there is no longer the need for the four separate spaces. Also, the Physical Education Department does not exist anymore; therefore the label of Health Promotion \& Exercise Sciences should be used.

Current Course Description: N/A
Proposed Course Description: N/A
Proposed Course Topical Outline: N/A
Time provision: fall 2009
Standard grading: N/A

## 1. RESOURCE NEEDS <br> N/A

## 2. IMPLEMENTATION TIME SCHEDULE

fall 2009

## 3. HOW DOES PROGRAM (NEW/MAJOR MODIFICATIONS TO A PROGRAM) MEET THE UNIVERSITY'S STRATEGIC PLANNING GOALS?

Goal 1: Outstanding Faculty - Retain and attract outstanding faculty who excel in their subject area and discipline and are committed to excellence in teaching, ensuring student success and fostering a diverse academic community.

### 1.4 Support and promote quality academic advising as an attribute of outstanding

 faculty, especially as related to ensuring student success.With the current structure and course numberings in HPX, students and advisors become confused as to what constitutes an 'activity' class. Changing the structure and having only one course to fulfill the general education physical activity requirement will avoid confusion, delays and allow all students to graduate in a timely manner.

## B.S. Health Education Certification (PreK-12)

Student:
Campus email: $\qquad$

Office of Admissions Evaluation of Transfer Credit Entering Date: day/eve/full/part-time
Previous School(s): $\qquad$


| Number | Title |  | Credits |
| :--- | :--- | :--- | :--- |
|  | - |  | - |


| $\square$ | $\square$ | $\square$ |
| :--- | :--- | :--- |
| $\square$ | $\square$ | $=$ |
| $\square$ | $=$ |  |

$\qquad$


Total Transfer Credits _

## ****NEW SAMPLE ${ }^{* * * *}$ Department of Health Promotion and Exercise Sciences****NEW SAMPLE****

Effective for the 2008/09 Catalog
B.S. Health Education Certification (PreK-12)

Student:
Campus email:
$\qquad$
Office of Admissions Evaluation of Transfer Credit Entering Date: day/eve/full/part-time Previous School(s):


Social and Behavioral Sciences (12 S.H. minimum, including 2 of 3 fields: Non-Western Culture, Psychology, Social Science)

- PSY 100 Introduction to Psychology
- SOC 100 Introduction to Sociology
$\overline{\text { Natural Science \& Math/Computer Sci. (11 S.H. minimum) }}$ (per placement exam for CHE and MAT)
CHE 120, 121 Survey of Chemistry I \& II (4 - 4)
MAT OR CS $\qquad$
Health Promotion \& Exercise Sciences (2 S.H.)
HPX 177 Fitness for Life
II. MAJOR REQUIREMENTS
- BIO 105106 Anatomy \& Physiology I \& II (4 - 4) BIO 215 Microbiology HPX 100 Health Promotion \& Maintenance HPX 160 First Aid and Safety
- HPX 205 Nutrition and Health
- HPX 215 Health Issues in the Schools ( $G P A \geq 2.67$ ) HPX 230 Drug Studies
- HPX 270 Health Education Theory and Application
- HPX 371 Health Communication Methods and Strategies HPX 311 School Health Programs
HPX 352 Mental Health HPX 355 Human Sexuality
III. Education Certification Requirements
$\qquad$
43 S.H.


## Communication Skills

- COM 161 Decision Making in Groups
- Completed a writing intensive course

Humanities [15 S.H. minimum, including Communication, Philosophy, Literature, Fine \& Applied Arts
(only 1 studio course accepted), Foreign Language,
Humanistic Studies, Western History]
Fine and /or Applied Arts
HIS 101 American Perspectives

- EPY 204 Adolescent Dev. in School Setting (Prereq. PSY 100, $G P A \geq 2.67$ )
$\checkmark$ ED 206 Introduction to Education (GPA $\geq 2.67$ )
ED 340 Assessment of Teaching Strategies
(To be taken with HPX 460)
ED 440 Integrating Language
HPX 386 Health Ed. Prof. Development School Experience
$\bullet$ EPY 405 Intro. to Special Education (Prereq. EPY 204) HPX 460 Health Education Student Teaching Seminar HPX 464 Student Teaching
IV. FREE ELECTIVES See other side for suggested electives

+Minimum of 125 S.H. and G.P.A. of $\mathbf{2 . 8}$ for B.S. Degree
Effective for the 2008/09 Catalog

