# Western Connecticut State University General Education Committee 2008-2009

**Members:** Daryle Brown (PS), Ron Drozdenko (Ancell), Robin Flanagan (At-Large, Chair), Veronica Kenausis (Library, Webmaster), Patty O'Neill (First Year Coordinator), Chuck Rocca (A&S), Alba Skar(A&S), Linda Vaden-Goad (Dean), Kerry Walker (VPA), Alan Anderson (CUCAS rep), Student rep

Meeting Time: First Friday of the month at 9:00 am. September 5, 2008, October 3, 2008, November 14 (recently rescheduled), 2008, December 5, 2008, February 6, 2009, March 13 (an exception), 2009, April 3, 2009, May 1, 2009.

**Meeting Place:** Haas Library 2<sup>nd</sup> floor conference room

#### Agenda

#### Friday November 14, 2008

Recording: O'Neill

- I. Meeting with Dr. Rinker regarding support for the FYE program (8:00 am to 9:00 am)
- II. Minutes of May 2 meeting
- III. Minutes of October 3 meeting
- IV. Input from community (15 minutes)
- V. Old business
  - a) Update on FYE
  - b) Update on assessment of General Education curriculum
  - c) Inside Higher Ed article on Gen Ed at Temple University
  - d) The Writing Requirement
  - e) NEEAN Forum on Gen Ed Assessment for Learning and Teaching
- VI. New business (will not begin earlier than 9:00 am)
  - a) Changes to American Studies and Elementary Ed/American Studies general education program sheets (Margaret Murray)
  - b) Changes to HPX "fitness for life" requirement (Jody Rajcula)
- VII. Adjourn (by 10:30)

VI.a.

General Education Change to B. A. American Studies and B.S. Elementary Education/American Studies Program Sheets

**Modification #1** 

**B.A.** American Studies

One free elective will be removed

ENG 130 W: English Seminar will be entered for a General Education Requirement

**Rationale:** ENG 130W course is required of all English majors and minors as well as all English Education minors. The American Studies Program is both an English Major and a History Major. Therefore, it should be required.

**Modification #2** 

**B.S. Elementary Education/American Studies** 

Remove: /ENG 160, ENG 161 or ENG 200 Lit I, II, or III

Rationale: These courses no longer exist.

Add: ENG 130 W

**Rationale:** ENG 130W is required of all English majors and minors as well as all English Education minors. The American Studies Program is both an English Major and a History Major. Therefore, it should be required.

TO: Program Review Committee

FROM: Jody Rajcula, Chair, Health Promotion & Exercise Sciences

DATE: October 2, 2008

RE: Re-alignment of Physical Education activity courses

HPX is requesting the re-alignment of all physical activity courses into the 'Fitness for Life' module. The 'Fitness for Life' module includes a 1.0 credit lecture and a 1.0 lifetime activity course(yoga, tai chi, powerwalking, resistance training, aerobic dance, body sculpting etc) that runs an entire semester/term. All of these courses have the number of HPX 177.

Since Fitness for Life was approved in 2003, the courses have filled to capacity and student evaluations indicate it is well received. The traditional skill based courses(basketball, volleyball, tennis, badminton, weight training, golf, softball and some dance classes) remained 'stand alone' courses. All of these courses have their own number, HPX xxx and vary from .5 to 1.0 credits.

In an effort to engage students on the benefits of all types of physical activity, to streamline our course offerings and clear up any confusion regarding what constitutes an 'activity class', the HPX department is asking that all activity courses be moved into the Fitness for Life module and carry the number of 177.

Students who already have some activity course credit, either by grandfathering or via transfer into the University, **may** be granted an exception from taking the lecture and lab components of HPX 177 concurrently. Student athletes will be waived from the activity portion of the course provided they have 1.0 credit through their sport. Current skill based activity courses will be enhanced from .5 to 1.0 credits, or will be combined with like skill courses.

### PROCEDURE FOR THE MODIFICATION\* OF THE UNDERGRADUATE OR GRADUATE CURRICULUM

**PROPOSAL NAME:** change all non HPX Fitness for Life activity classes to Fitness for Life

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to be se	nt to the Graduate Council.	sts are to be sent to the Committee on U ipment and/or staffing is not required.* Rev. 8/			•
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## Western Connecticut State University Health Promotion and Exercise Sciences Department

Proposal: change course numbers below to 177 and list as separate activity sections under Fitness For Life

#### **Current Course numbers, Titles and credits:**

HPX 110 WEIGHT TRAINING .5

HPX 114 BASKETBALL .5

HPX 116 SOFTBALL .5

HPX	118	VOLLEYBALL I	.5
HPX			.5
HPX	218	VOLLEYBALL II	.5
HPX	123	BADMINTON	.5
HPX	126	GOLF I	.5
HPX	129	SWIMMING	.5
HPX	131	YOGA	.5
HPX	134		.5
HPX	136	HIKING & BACKPACK	ING .5
HPX	142	TAI CHI	.5
HPX	158	BALLROOM DANCE	.5
HPX	159	FITNESS THRU DANC	E .5
HPX	170	BALLET FOR BEGINNI	ERS 1.0
HPX	171	MODERN JAZZ	1.0
HPX	172	INTRO MODERN DAN	ICE 1.0
HPX	174	SQUARE DANCE I	.5
HPX	218	VOLLEYBALL II	.5
HPX	223	BADMINTON II	.5
HPX	231	YOGA II	.5
HPX	234	TENNIS II	.5

**Proposed courses, titles:** HPX 177 Fitness for Life (all courses listed above will become 1.0 activity courses and listed as separate activity sections under HPX 177 Fitness For Life)

**Semester hour credit**: 2.0(1.0 credit of FFL Lecture; 1.0 credit of FFL Activity)

**Rational for Change:** In an effort to engage students on the benefits of all types of physical activity, to streamline our course offerings and clear up any confusion regarding what constitutes an 'activity class'.

**Current Course Description:** We are not changing any course descriptions

**Proposed Course Description:** We are not changing any course descriptions

**Proposed Course Topical Outline:** N/A

**Time provision:** fall 2009

Standard grading: yes

### 1. RESOURCE NEEDS N/A

#### 2. IMPLEMENTATION TIME SCHEDULE

fall 2009

# 3. HOW DOES PROGRAM (NEW/MAJOR MODIFICATIONS TO A PROGRAM) MEET THE UNIVERSITY'S STRATEGIC PLANNING GOALS?

Goal 1: Outstanding Faculty – Retain and attract outstanding faculty who excel in their subject area and discipline and are committed to excellence in teaching, ensuring student success and fostering a diverse academic community.

## 1.4 Support and promote quality academic advising as an attribute of outstanding faculty, especially as related to ensuring student success.

With the current structure and course numberings in HPX, students and advisors become confused as to what constitutes an 'activity' class. Changing the structure and having only one course to fulfill the general education physical activity requirement will avoid confusion, delays and allow all students to graduate in a timely manner.

### PROCEDURE FOR THE MODIFICATION\* OF THE UNDERGRADUATE OR GRADUATE CURRICULUM

**PROPOSAL NAME:** change **all** University program sheets to reflect the one option to fulfill the physical activity general education requirement; change the name of the department from 'Physical Education' to 'Health Promotion & Exercise Sciences'

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Western Connecticut State University Health Promotion and Exercise Sciences Department

WCSU FH SUPPLEMENT II 98 August,

\*CIP number exists and/or additional equipment and/or staffing is not required.\*\*Use additional page(s) if necessary.

Rev. 8/97

to be sent to the Graduate Council.

2003

### Western Connecticut State University

#### Health Promotion and Exercise Sciences Department

**Proposal:** change all University program sheets to reflect the one option to fulfill the physical activity general education requirement; change the name of the department from 'Physical Education' to 'Health Promotion & Exercise Sciences'

Course number: HPX 177

Course title: Fitness for Life

Semester hour credit: 2.0

**Rational for Change:** All university program sheets currently list two ways for students to complete their physical activity general education requirement: take HPX 177 for 2.0 credits or take a combination of .5 or 1.0 activity courses to total 2.0 credits.(these are listed on the program sheet with four separate spaces) With all activity courses having the same number(177) there is no longer the need for the four separate spaces. Also, the Physical Education Department does not exist anymore; therefore the label of Health Promotion & Exercise Sciences should be used.

**Current Course Description:** N/A

**Proposed Course Description:** N/A

**Proposed Course Topical Outline:** N/A

Time provision: fall 2009

Standard grading: N/A

- 1. RESOURCE NEEDS N/A
- 2. <u>IMPLEMENTATION TIME SCHEDULE</u>

fall 2009

# 3. HOW DOES PROGRAM (NEW/MAJOR MODIFICATIONS TO A PROGRAM) MEET THE UNIVERSITY'S STRATEGIC PLANNING GOALS?

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### \*CURRENT SAMPLE\*Department of Health Promotion and Exercise Sciences\*CURRENT\*SAMPLE

B.S. Health Education Certification Student:  (PreK-12) Campus email:			Office of Admissions Evaluation of Transfer Credit			
(Prek-12) Campus emaii:		Previous	Entering Date: day/eve/full/part-time Previous School(s):			
GENERAL EDUCATION REQUIREMENTS:	43 S.H.		2			
Communication Skills	(3 S.H.)	Number	Title	Credits		
COM 161 Decision Making in Groups	3					
Completed a writing intensive course	Yes No	-				
Humanities [15 S.H. minimum, including Communication,						
Philosophy, Literature, Fine & Applied Arts						
(only 1 studio course accepted), Foreign Language,						
Humanistic Studies, Western History]						
Fine and /or Applied Arts	3 3					
HIS 101 American Perspectives	3					
	3			<del></del>		
	3					
	3					
Social and Behavioral Sciences (12 S.H. minimum,						
including 2 of 3 fields: Non-Western Culture, Psychology, Social Science)						
PSY 100 Introduction to Psychology	3					
SOC 100 Introduction to Sociology	3					
	3					
	3					
Natural Science & Math/Computer Sci. (11 S.H. minimum)	)					
(per placement exam for CHE and MAT)						
CHE 120, 121 Survey of Chemistry I & II (4 – 4)	8					
MAT OR CS Physical Education (2 S.H.)	3	<del></del>				
HPX 177 Fitness for Life or	2					
. MAJOR REQUIREMENTS	40 S.H.					
BIO 105 106 Anatomy & Physiology I & II (4 – 4)	8					
BIO 215 Microbiology	4					
HPX 100 Health Promotion & Maintenance HPX 160 First Aid and Safety	3	<del></del>				
HPX 205 Nutrition and Health	2 2 3 3 3					
◆HPX 215 Health Issues in the Schools ( <i>GPA</i> ≥2.67)	3					
HPX 230 Drug Studies	3					
HPX 270 Health Education Theory and Application	3					
HPX 371 Health Communication Methods and Strategies HPX 311 School Health Programs	3	<del></del>				
HPX 351 School Health Flograms HPX 352 Mental Health	3					
HPX 355 Human Sexuality	3					
I. Education Certification Requirements	27 S.H.					
◆EPY 204 Adolescent Dev. in School Setting ( <i>Prereq. PSY 10</i>						
$GPA \ge 2.67$ ) ◆ED 206 Introduction to Education ( $GPA \ge 2.67$ )	3	<del></del>				
ED 340 Assessment of Teaching Strategies	3					
(To be taken with HPX 460)	1					
◆ED 440 Integrating Language	3					
HPX 386 Health Ed. Prof. Development School Experience	1					
◆EPY 405 Intro. to Special Education ( <i>Prereg. EPY 204</i> ) HPX 460 Health Education Student Teaching Seminar	3 1	<del></del>				
HPX 464 Student Teaching	12					
7. FREE ELECTIVES See other side for suggested electives	15 S.H.					
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Minimum "C" grade required. ◆◆ Minimum "B" grade	required	l				
Minimum € grade required. • • Minimum B grade	required.					
Minimum of 125 S.H. and G.P.A. of 2.8 for B.S. Degree			Total Transfer Credits	Г		
Trimmium of 123 S.11. and G.F.A. of 2.8 for D.S. Degree			TOTAL TEAUSICE CECUITS			

#### \*\*\*\*NEW SAMPLE\*\*\*\*Department of Health Promotion and Exercise Sciences\*\*\*\*NEW SAMPLE\*\*\*\* Effective for the 2008/09 Catalog **B.S. Health Education Certification Student:** Office of Admissions Evaluation of Transfer Credit (PreK-12) Campus email:\_\_\_ Entering Date: \_\_\_\_\_ day/eve/full/part-time Previous School(s): I. GENERAL EDUCATION REQUIREMENTS: 43 S.H. **Communication Skills** (3 S.H.)Number Title Credits COM 161 Decision Making in Groups Completed a writing intensive course Humanities [15 S.H. minimum, including Communication, Philosophy, Literature, Fine & Applied Arts (only 1 studio course accepted), Foreign Language, Humanistic Studies, Western History] Fine and /or Applied Arts\_\_ HIS 101 American Perspectives Social and Behavioral Sciences (12 S.H. minimum, including 2 of 3 fields: Non-Western Culture, Psychology, Social Science) PSY 100 Introduction to Psychology SOC 100 Introduction to Sociology Natural Science & Math/Computer Sci. (11 S.H. minimum) (per placement exam for CHE and MAT) CHE 120, 121 Survey of Chemistry I & II (4-4)MAT OR CS\_ **Health Promotion & Exercise Sciences** (2 S.H.) HPX 177 Fitness for Life II. MAJOR REQUIREMENTS BIO 105 106 Anatomy & Physiology I & II (4 – 4) **BIO 215 Microbiology** HPX 100 Health Promotion & Maintenance HPX 160 First Aid and Safety HPX 205 Nutrition and Health ♦ HPX 215 Health Issues in the Schools ( $GPA \ge 2.67$ ) HPX 230 Drug Studies HPX 270 Health Education Theory and Application HPX 371 Health Communication Methods and Strategies HPX 311 School Health Programs HPX 352 Mental Health HPX 355 Human Sexuality III. Education Certification Requirements ◆◆EPY 204 Adolescent Dev. in School Setting (Prereq. PSY 100, *GPA* ≥2.67) ♦ ♦ ED 206 Introduction to Education ( $GPA \ge 2.67$ ) ED 340 Assessment of Teaching Strategies (To be taken with HPX 460) ◆◆ED 440 Integrating Language HPX 386 Health Ed. Prof. Development School Experience ◆◆EPY 405 Intro. to Special Education (*Prereq. EPY 204*) HPX 460 Health Education Student Teaching Seminar HPX 464 Student Teaching 12 IV. FREE ELECTIVES See other side for suggested electives 15 S.H.

+Minimum of 125 S.H. and G.P.A. of 2.8 for B.S. Degree

◆◆ Minimum "B" grade required.

Effective for the 2008/09 Catalog

Minimum "C" grade required.

Total Transfer Credits \_\_\_

5/08