WCSU Counseling Services Community Referrals

**Counseling & Medication**
Behavioral Medicine/Counseling
72 North Street, Danbury, CT
(203) 748-1200
*Private Insurance, Medicare

Blue Sky Behavioral Health, LLC.
52 Federal Road, Ste 2A, Danbury, CT
(888) 822-7348
*Private Insurance

Community Health Center (CHC), Inc.
8 Delay Street, Danbury, CT
(203) 797-8330
*Private Insurance, Medicare, Medicaid, Husky. Must be seen by a CHC PCP in order to receive mental health treatment. Sliding scale for uninsured.

CT. Institute for Communities
CIFC Greater Danbury Community Health Center
120 Main Street, Danbury, CT
Adult Behavioral Health: (203) 791-5005
Sliding scale for uninsured

Silver Hill Hospital
208 Valley Road, New Canaan, CT
(866) 542-4455
*Most Private Insurance, Medicare

Sterling Institute Neuropsychiatric & Behavioral Medicine
7 Kenosia Ave, Danbury, CT
(475) 329-2686
*Most Private Insurance, Husky

**Medication Only**
CPC Associates
84 Hospital Avenue or 57 North Street
Danbury, CT
(203) 792-0400
*Private Insurance, Medicare

**Substance Abuse**
MCCA
38 Old Ridgebury Road, Danbury, CT
(203) 792-4515 Ext. 1211
*Private Insurance, Husky

Silver Hill Hospital
208 Valley Road, New Canaan, CT
(866) 542-4455
*Most Private Insurance, Medicare

**Eating Disorders**
The Renfrew Center
1025 Westchester Avenue, White Plains, NY
(800) 736-3739
*Private Insurance

**LGBTQ+ Resources**
APEX Community Care
30 West Street, Danbury, CT
(203) 778-2437
*Private Insurance, Medicare, Medicaid

Triangle Community Center
650 West Avenue, Norwalk, CT
(203) 853-0600
[ctpridecenter.org](http://ctpridecenter.org)

True Colors
30 Arbor Street, #201A, Hartford, CT
(860) 232-0050

**Near Bridgeport**
Columbia Mental Health, LLC
1 Post Road, Fairfield, CT.
(203) 255-7617
*Private Insurance, Medicare

The Waynik Group
160 Hawley Lane, Trumbull, CT
(203) 386-0096
*Private Insurance, Medicare
WCSU Counseling Services Community Referrals

Off-Campus Mental Health Referral List
Thriving Campus: https://wcsu.thrivingcampus.com/

24-Hour Emergency Numbers

- Call or text 988 Suicide and Crisis Lifeline
- Crisis Text Line: Text HOME to 741741
- Crisis Text Line for Student of Color: Text STEVE to 741741
- National Domestic Violence Hotline 800-799-7233 or Text Loveis to 22522
- Sexual Assault Hotline 888-999-5545
- Trans Lifeline 877-565-8860
- Trevor Lifeline (LGBTQ) 866-488-7386

Additional Resources

Information on financial stability, health & food security and child-care contact:

United Way of Western Connecticut
3101 Main Street, Danbury, CT
(203) 792-5330

24 Bank Street, New Milford, CT
(860) 354-8800

1150 Summer Street, Stamford, CT
(203) 348-7711

Information on how to apply for state health insurance, contact: https://www/benefits.gov/benefit/1622

DISCLAIMER
The Counseling Services Web Site is designed for educational purposes only. You should not rely on this information as a substitute for personal medical or psychological attention, diagnosis or face to face treatment. If you are concerned about your mental health, it is recommended that you consult a mental health provider immediately and do not wait for an electronic response from web page professionals or from the Counseling Services staff.