

WCSU Counseling Services Community Referrals

Counseling & Medication

Behavioral Medicine/Counseling
72 North Street, Danbury, CT
(203) 748-1200
*Private Insurance, Medicare

Blue Sky Behavioral Health, LLC.
52 Federal Road, Ste 2A, Danbury, CT
(888) 822-7348
*Private Insurance

Community Health Center (CHC), Inc.
8 Delay Street, Danbury, CT
(203) 797-8330
*Private Insurance, Medicare, Medicaid,
Husky. Must be seen by a CHC PCP in
order to receive mental health treatment.
Sliding scale for uninsured.

CT. Institute for Communities
CIFC Greater Danbury Community Health Center
120 Main Street, Danbury, CT
Adult Behavioral Health: (203) 791-5005
Sliding scale for uninsured

Silver Hill Hospital
208 Valley Road, New Canaan, CT
(866) 542-4455
*Most Private Insurance, Medicare

Sterling Institute Neuropsychiatric &
Behavioral Medicine
7 Kenosia Ave, Danbury, CT
(475) 329-2686
*Most Private Insurance, Husky

Near Bridgeport

The Waynik Group
160 Hawley Lane, Trumbull, CT
(203) 386-0096
*Private Insurance, Medicare

Medication Only

CPC Associates
84 Hospital Avenue or 57 North Street
Danbury, CT
(203) 792-0400
*Private Insurance, Medicare

Substance Abuse

MCCA
38 Old Ridgebury Road, Danbury, CT
(203) 792-4515 Ext. 1211
*Private Insurance, Husky

Silver Hill Hospital
208 Valley Road, New Canaan, CT
(866) 542-4455
*Most Private Insurance, Medicare

Eating Disorders

The Renfrew Center
1025 Westchester Avenue, White Plains, NY
(800) 736-3739
*Private Insurance

LGBTQ+ Resources

APEX Community Care
30 West Street, Danbury, CT
(203) 778-2437
*Private Insurance, Medicare, Medicaid

Triangle Community Center
650 West Avenue, Norwalk, CT
(203) 853-0600
ctpridecenter.org

True Colors
30 Arbor Street, #201A, Hartford, CT
(860) 232-0050

WCSU Counseling Services Community Referrals

Off-Campus Mental Health Referral List

Thriving Campus: <https://wcsu.thrivingcampus.com/>

24-Hour Emergency Numbers

- Call or text 988 Suicide and Crisis Lifeline
- Crisis Text Line: Text HOME to 741741
- Crisis Text Line for Student of Color: Text STEVE to 741741
- National Domestic Violence Hotline 800-799-7233 or Text Loveis to 22522
- Sexual Assault Hotline 888-999-5545
- Trans Lifeline 877-565-8860
- Trevor Lifeline (LGBTQ) 866-488-7386

Additional Resources

Information on financial stability, health & food security and child-care contact:

United Way of Western Connecticut

3101 Main Street, Danbury, CT

(203) 792-5330

24 Bank Street, New Milford, CT

(860) 354-8800

1150 Summer Street, Stamford, CT

(203) 348-7711

Information on how to apply for state health insurance, contact:

<https://connect.ct.gov/access/jsp/access/Home.jsp>

DISCLAIMER

The Counseling Services Web Site is designed for educational purposes only. You should not rely on this information as a substitute for personal medical or psychological attention, diagnosis or face to face treatment. If you are concerned about your mental health, it is recommended that you consult a mental health provider immediately and do not wait for an electronic response from web page professionals or from the Counseling Services staff.