Get health answers 24/7

Aetna Health ConnectionsSM Health and Wellness Resources Informed Health[®] Line

Talk to a registered nurse whenever you have a health question.

When you have an Aetna health benefits and health insurance plan, you have instant access to the information you need.

Our tools and resources can help you:

- Make more informed decisions about your care
- Communicate better with your doctors
- Save time and money, by showing you how to get the right care at the right time

Get health information from a nurse at any time

When you call our Informed Health Line, you can:

Talk directly to a registered nurse. Our nurses can discuss a wide variety of health and wellness topics. ■ Listen to the Audio Health Library.* It explains thousands of health conditions in English and Spanish. Transfer easily to a registered nurse at any time during the call.

Go online for even more health information

Use the Healthwise® Knowledgebase to find out more about a health condition you have or medications you take. It explains things in terms that are easy to understand.

Get to it through your secure Aetna Navigator® member website, at www.aetnastudenthealth.com.

* Not all topics in the audio health service are covered expenses under your plan.

Use our 24-hour Informed Health Line, online resources and more.

Fully insured student health insurance plans are underwritten by Aetna Life Insurance Company (ALIC) and administered by Chickering Claims Administrators, Inc. (CCA). Self insured plans are funded by the applicable school, with claims administration services provided by CCA.

Aetna Student HealthSM is the brand name for products and services provided by ALIC and CCA and their applicable affiliated companies.

Material is for information only. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is subject to change. Health benefits and health insurance plans contain exclusions and limitations. For more information about Aetna Student Health plans,

refer to www.aetnastudenthealth.com. Policy forms issued in OK include GR-96134.





Health questions don't always come up during office hours

Aetna Health ConnectionsSM Health & Wellness Resources Informed Health[®] Line

Get answers from a registered nurse, day or night

Whether it's the middle of the night, you're away from home, or you're just not sure if you need Informed Health Line is here for you.

With one simple call, you can:

- Learn more about health conditions that you or your family members have
- Find out more about a medical test or procedure
- Get help preparing for a doctor's visit

Go online for even more health information

If you like to go online for health information, check out the Informed Health Line page your to call your doctor, on secure member website.

Here's what you can do:

- Use our symptom checker
- Learn about an upcoming medical test
- Research a new medication you're taking
- And more



Informed Health® Line

Log in to your secure member website at **www.aetnastudenthealth.com** to explore the resources available to you.

Call **1-800-556-1555** to speak to one of our nurses — 24 hours a day, 365 days a year.





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