

# Western CT State University

Health Services

Phone: (203) 837-8594

The purpose of this Reproductive health services plan is to ensure access to reproductive healthcare services for students who live on campus.

1. The availability of equipment and licensed health care providers for the provision of reproductive health care services on the residential campus or in the surrounding community.
  - a. WCSU Health Services provides a range of services related to contraception management, STI testing and treatment, sexual health counseling, education and urgent women's and men's health issues.
  - b. WCSU provides referrals to local reproductive health providers in the surrounding community for pregnancy, termination of pregnancy and the treatment of gender dysphoria. The list of local providers and services is readily available.
2. The provision of referrals for and transportation services to access reproductive health care services at any off-campus location.
  - a. WCSU provides referrals to local providers for services not performed at WCSU Health Services.
  - b. Transportation to off-site providers in the Danbury area are accessible via Housatonic Area Regional Transport (HART) bus lines. U-Pass is available to students to cover the cost of HART transportation.
3. Opportunities for providing reproductive health care services or other associated services, including, but not limited to, counseling services, through telehealth.
  - a. WCSU offers telehealth visits for counseling services and certain health related services. If referred to off-campus provider, that provider's office policies regarding telehealth apply.
4. The provision of available educational materials concerning maternal mental health care and resources for maternal mental health screenings.
  - a. Mental health screenings are performed on all students accessing Health Services. Additionally, mental health screenings are performed by counselors in the Counseling Office during their initial visit. We currently use the PHQ-9 screening tool. Health Services and the offers educational materials based on the needs of all students, including those who are pregnant or parents.
5. Means for ensuring continuity of care during holiday and vacation periods during and between semesters.
  - a. WCSU Health Services office is open for appointments Monday through Friday, 8am-12pm and 1pm-4pm. We do not close our office during

semester breaks. For after-hours emergencies, campus police can be called to assist.

- b. If Housing is needed for continuity of care during school breaks, holidays or vacation periods between semesters, the student needs to apply through the housing portal at <https://www.wcsu.edu/housing/>.
6. An estimate of the costs associated with implementing such plan and the availability of funds, through public and private sources, to cover such costs.
  - a. Office visits to Health Services are of no charge to students. Prescription medications incur small charges that are applied to the student's banner account, alternatively, prescriptions can be sent to local pharmacies and billed to students insurance plan with applicable copays.
  - b. The public transportation U-Pass is available to students and will not be an additional expense. There is no current plan to reimburse private sources of transportation.
  - c. The weekly cost of housing during semester breaks is currently \$315 dollars and does not include meals, which would be additional. There are currently no designated funds to cover this cost.
7. The provision of information and materials about pregnancy being a qualifying event for health insurance coverage in the state.
  - a. Pregnancy is a qualifying event for health insurance coverage in the State of Connecticut. Health Services can aid students in navigating how to apply for insurance benefits if a qualifying event is determined.