Subject: Reminder: Transform Care is Available at No Cost to You

As a reminder, all eligible employees and their covered family members have the opportunity to join Transform Care®. The program helps make living with diabetes easier by providing members with a Livongo connected meter, strips, and coaching.

Eligible Members: The Transform Care program combines Livongo's advanced technology with tools and support to help CVS Caremark® members live the life they want. If applicable, it is available at no cost to you as part of your CVS Caremark prescription benefit plan offered by State of Connecticut.

Join Livongo now for these benefits:

- **More Than a Standard Meter:** The Livongo meter is connected and provides real-time tips and automatically uploads members' blood glucose readings, making log books a thing of the past.

- **Strips at No Cost to Members:** Members get the strips and lancets they need at no extra cost. When members are about to run out, Livongo ships more strips and lancets, right to their door.

- **Coaching Anytime and Anywhere:** The Livongo coaches are Certified Diabetes Educators who are available anytime by phone, text, and our mobile app to give members guidance on their nutrition and lifestyle questions.

To Learn More or Join: join.livongo.com/CONNECTICUT/now

We are continually looking for ways to add programs that will enhance our benefits offering and help maintain and improve members' health and the health of their family members. If you have any questions about this program, please visit the Livongo **website** or call Livongo Member Support at **(800) 945-4355** and mention registration code **CONNECTICUT**.

El programa Livongo está disponible en Español: *Cuando se registre, usted seteará el idioma de preferencia y luego el medidor y el programa estarán en Español.*

*Para registrarse en Español, por favor llame al **(800) 945-4355** o visite **bienvenido.livongo.com/CONNECTICUT**.*

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.