CHR

State of Connecticut Human Resources

Medical Certificate

Return to:

AGENCY INSTRUCTIONS	This medical certificate is to be used by a birth of a child. It shall be given to the em the person and the address of the agency space provided. The PHYSICIAN OR PR agency head or authorized representative	ployee or sent directly to his to which this certificate is to ACTITIONER will generally Fill in employee's name, p	s physician or practitio be returned shall be return the filled out ce position and address b	ner. The name of inserted in the ertificate to the		
	Agency Head or Representative Agency Address (No. and Street)	Agency Nam (City or Town)	(State)	(ZIP Code)		
AGENCY FILL IN	Employee's Name and Employee's Number					
	Employee's Position Address (No. and Street)	(City or Town)	(State)	(ZIP Code)		
	No sick leave, federal FMLA, state family/		()	. ,		
CONDITIONS	five (5) days, or leave as otherwise prescu by a medical certificate filed with, and acc (including, in the case of pregnancy, the p medical reasons to perform the requirement the incapacity entered under (2) and/or (7	eptable to, the appointing a eriod of time before and after ents of her job) must be repo).	uthority. The period o er birth when the emp orted with a description	f incapacity loyee is unable for n of the nature of		
GOVERNING ISSUANCE	The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. `Genetic information' as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.					
	 Pages 3-4 of this form describes what is meant by a "serious health condition" / "serious illness" under federal FMLA and state family/medical leave (C.G.S. 5-248a). Does the patie condition qualify under any of the categories described? (<i>Please be sure to refer to pp. 3 an specific definitions.</i>) If yes, please check the appropriate category: 					
	<i>(fill in "yes" of</i> Inpatient care with overnig	ght stay Permanent/	ong-term conditions r			
This form must be executed by a	Incapacity and treatment Pregnancy (includes pren	atal) None of the	itments (non-chronic c above	conditions)		
physician or practitioner whose	(2) If this absence is for an FMLA c	•	he medical facts that s	support vour		
method of healing is recognized by the State, except where otherwise indicated.	certification, including a brief st. categories on pages 3-4. If this facts that support your certificat additional space is needed, cor	atement as to how the medi absence is not for an FML/ ion of the employee's medic	cal facts meet the crite A qualifying reason, de cal condition and incap	eria of one of the escribe the medical		
Note: The health						
care provider must practice in the	(3) (a) Answer the following: 1. The approximate date	the condition commenced.				
specialty for which the patient is being	2. The probable duratio	n of the condition.				
treated.	3. The probable duration	of the patient's present inc	apacity (if different fro	om (3)(a) 2. above).		
	4. The date of the emplo	yee's most recent examinat	ion for the condition.			
	(b) Will it be necessary for the e schedule as a result of the If ye		tment described in ITE n and frequency	EM (4) below)?		
	(fill in "yes" or no")	1	(fill in no. o	f months or days, etc.)		

lame of Physician or Practit	ioner AND F	<mark>Physic</mark>	cian or Practitioner License Number <i>(please type or print)</i>		
	(')	AUL			
	(7)	Additional remarks:			
	(6)	The employee will be able to return to regular or selective work on (date). If selective work, explain under number (7) below.			
		(C)	If neither (4)(a) or (4)(b) applies, is it necessary for t treatment? (fill in "yes" or "no")	ne employee to be abs	
		(0)	If yes, elaborate.		
			enclosed for your convenience)?)	
		(b)	(fill in "yes" or "no") If able to perform some work, is the employee unab essential functions of the employee's job (if FML		
PHYSICIAN OR PRACTITIONER (Please print legibly.)	(5)	(a)	During the period of incapacity, is the employee able	e to perform work of <u>a</u>	any kind?
IN BY ATTENDING			special equipment).		
TO BE FILLED		(c)	If a regimen of continuing treatment by the patient is a general description of such regimen (e.g., prescription of such regimen (e.g., prescription)		
		(b)	If any of these treatments will be provided by anoth physical therapist), please state the nature of the tre		
			Period required for recovery , if any.		
			An estimate of the probable interval between An actual or estimated dates of treatment, if k		
	(4)	(α)	from work or other daily activities because of treatm provide: An estimate of the probable number of such the	ent on an intermittent reatments.	or part-time basis
	(4)	(a)	If additional treatments will be required for the con	· · · ·	
			<pre> Duration of episodes of incapacity =</pre> Frequency of episodes of incapacity =		
			Going forward, estimate the:		
			episodes of incapacity: Patient is is not presently in	ncapacitated. (check o	ne)

	· · · · · · · · · · · · · · · · · · ·	
Signed (Physician or Practitioner)	Date	Telephone

FEDERAL FMLA:

Under the federal FMLA, "Serious Health Condition" is defined as an illness, injury, impairment, or physical or mental condition that involves:

- <u>Any period of incapacity or treatment related to inpatient care</u> (i.e., an overnight stay in a hospital, hospice, residential facility, **OR**
- Continuing treatment by a health care provider.

"Continuing treatment" by a health care provider includes any one or more of the following:

- 1) <u>Incapacity and Treatment</u>: A period of incapacity of more than three consecutive full calendar days and any subsequent treatment or period of incapacity relating to the same condition, that also involves:
 - Treatment two or more times within 30 days of the first day of incapacity, unless extenuating circumstances exist, , OR
 - Treatment by a health care provider on at least one occasion which results in a regimen of continuing treatment under the supervision of the health care provider.

Treatment means an in-person visit to a health care provider. The first (or only) in-person treatment visit

must take place within seven (7) days of the first day of incapacity.

- 2) <u>Pregnancy</u>: Any period of incapacity due to pregnancy, or for prenatal care.
- 3) <u>Chronic Conditions Requiring Treatments</u>: Any period of incapacity or treatment for such incapacity due to a chronic condition which:
 - Requires periodic visits for treatment by a health care provider or by a nurse physician's assistant under direct supervision of health care provider;
 - Continues over an extended period of time (including recurring episodes of a single underlying condition); AND
 - May cause episodic rather than a continuing period of incapacity. **Examples**: *asthma, diabetes, epilepsy.*
- 4) <u>Permanent/Long-term Conditions</u>: A period of incapacity, which is permanent or long-term due to a condition for which treatment may not be effective. The employee or family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider. <u>Examples</u>: Alzheimer's, a severe stroke, or the terminal stages of a disease.
- 5) <u>Multiple Treatments (Non-Chronic Conditions)</u>: Any period of absence to receive multiple treatments (including any period of recovery therefrom) by a health care provider or by a provider of health care services under orders of, or on referral by, a health care provider, either for restorative surgery after an accident or other injury, or for a condition that would likely result in a period of incapacity of more than three consecutive calendar days in the absence of medical intervention or treatment. <u>Examples</u>: cancer (chemotherapy, radiation, etc.) severe arthritis (physical therapy), and kidney disease (dialysis).

Note: Substance abuse may be a serious health condition if the conditions mentioned above are met. However, FMLA leave may only be taken for *treatment* for substance abuse by a health care provider or by a provider of health care services on referral by a health care provider. On the other hand, absence *because of* the employee's use of the substance, rather than for treatment, does **not** qualify for FMLA leave.

Please Note: For the purposes of federal FMLA the following terms are defined to mean:

- "Incapacity" inability to work, attend school or perform other regular daily activities due to the serious health condition, treatment therefore, or recovery therefrom.
- "Treatment" includes examinations to determine if a serious health condition exists and evaluations of the condition. It does not include routine physical examinations, eye examinations, or dental examinations.
- A "regimen of continuing treatment" includes, for example, a course of prescription medication (e.g. an antibiotic) or therapy requiring special equipment to resolve or alleviate the health condition. It does not include the taking of over-the-counter medications such as aspirin, antihistamines, or salves, or bed-rest, drinking fluids, exercise, and other similar activities that can be initiated without a visit to a health care provider.
- "Intermittent Leave" is leave taken in separate blocks of time due to a single qualifying reason.
- "Reduced Leave Schedule" is leave schedule that reduces an employee's usual number of working hours per work-week or hours per workday. It is a change in the employee's schedule for a period of time, normally from full-time to part-time.

STATE FAMILY / MEDICAL LEAVE (C.G.S. 5-248a):

Under the state's family/medical leave law, "Serious Illness" is defined as an illness, injury, impairment or physical or mental condition that involves:

- Inpatient care in a hospital, hospice, or residential care facility; OR
- Continuing treatment or continuing supervision by a health care provider [C.G.S. 5-248a(c) and CT State Regulation 5-248b-1(d)].

EMPLOYEE FITNESS FOR DUTY CERTIFICATION

Employee's name:
Supervisor:
Date leave commenced:
Date of return:

I understand that following my medical leave under federal FMLA and/or C.G.S. 5-248a my restoration to employment is subject to the following conditions:

- 1. As a condition of restoration, I must provide a written certification from my health care provider certifying that I am able to resume working.
- 2. Every attempt will be made to restore me to my original position. If my original position is unavailable, I will be placed in an equivalent position with equivalent pay and benefits, unless contract specifies otherwise.
- 3. If I am returning from *unpaid* family and medical leave, I shall not be entitled to the accrual of any seniority or employment benefits during the period of leave, unless contract specifies otherwise.

Employee's signature: Date:

I have examined	have examined and can certify that she/he is fully able to resume working on (employee name)					
Health care pr	ovider's signature:	Date:				
Name:		Telephone:	()			
	(please pr	int)				
Address:						