46.3 million people aged 12 or older (or 16.5 percent of the population) met the applicable DSM-5 criteria for having a substance use disorder in the past year, including 29.5 million people who were classified as having an alcohol use disorder and 24 million people who were classified as having a drug use disorder.



September is National Alcohol & Drug Recovery Month. You don't have to do it alone. We're here to help.

Call 1-800-526-3485 for a confidential appointment.

**Solutions Employee Assistance Program** 



## **September is Suicide Awareness Month**



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Call 1-800-526-3485 for a confidential appointment.

**Solutions Employee Assistance Program** 

