

DECEMBER 2023

Accepting Change

Managing the stress of transitions

Change can be emotional and overwhelming, even when it is a positive change. We can help you process short-term change and ongoing change.

For Login information, please
contact Solutions EAP

PHONE: 800-526-3485

EMAIL: info@solutions-eap.com

WEBSITE: www.solutions-eap.com

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SOLUTIONS EMPLOYEE ASSISTANCE PROGRAM

How to access these webinars:

1. Go to www.solutions-eap.com.
2. Go to “For Employees” and click the option listed as “Work-Life Services Online Login”
3. Click on the WORK-LIFE Solutions hyperlink under “Family Solutions”
4. Enter the Username and Password for your organization. If you need the username and password for your organization, give us a call at 800-526-3485.
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