



Online Webinar

Best (Furry) Friend

The compassionate world of pets

Pets can have a positive impact on your overall health and happiness. Strong bonds can be formed and provide social support.

Explore the impact of pets on your life and how the presence of a pet can enhance your mental and emotional wellbeing.

For login information, please contact Solutions EAP

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How to access these webinars:

- 1. Go to www.solutions-eap.com.
- 2. Go to "For Employees" and click the option listed as "Work-Life Services Online Login"
- 3. Click on the WORK-LIFE Solutions hyperlink under "Family Solutions"
- 4. Enter the Username and Password for your organization. If you need the username and password for your organization, give us a call at 800-526-3485.
- 5. On the homepage, scroll down to ONLINE SEMINARS and click "Read More: Online Seminars"
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