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SOLUTIONS EMPLOYEE ASSISTANCE PROGRAM

Online Webinar Parenting Adolescents: Understanding Gen Z in Your Home

Understanding your teen children

This webinar will help equip parents and caregivers with insights and practical strategies to navigate the unique challenges and opportunities with teenage children.

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

How to access these webinars:

1. Go to www.solutions-eap.com.
2. Go to “For Employees” and click the option listed as “Work-Life Services Online Login”
3. Click on the WORK-LIFE Solutions hyperlink under “Family Solutions”
4. Enter the Username and Password for your organization. If you need the username and password for your organization, give us a call at 800-526-3485.
5. On the homepage, scroll down to ONLINE SEMINARS and click “Read More: Online Seminars”
6. Scroll down to VIEW PAST ON DEMAND ONLINE SEMINARS and click the seminar you would like to take.
7. Click on the hyperlink with the name of the seminar. You can also choose to view the audiovisual transcript of the presentation if you would like.
8. After clicking the link for the course, you should be prompted to enter your name, email, organization, and EAP name (Solutions EAP).
9. Check your email for the course link, and enjoy!
10. Upon finishing the video, be sure to fill out the survey and a certificate of completion will be sent to your email address.