



Wed., November 13

## Are environmental exposures a danger to *your* mental health?

Aly Cohen, MD, FACR

It is no secret that the environment we live in today is having a negative effect on our health. From the polluted air we breathe, to the food additives we consume, untested skin products that we lather on, and the emotional stressors that bombard us daily, most people agree that our environment is making us sick.

Dr. Cohen has dedicated her career to helping people live a healthier life in a less stressful and toxic environment.



**Wed., November 13, 2019 7:30 pm**

Ives Concert Hall  
WCSU Midtown Campus  
181 White St., Danbury, CT

*For more information, contact:*

*Christel Autuori, [autuoric@wcsu.edu](mailto:autuoric@wcsu.edu)*

### **Tickets now available!**

- ◆ At the box office
- ◆ At the door
- ◆ Online at [wcsu.edu/tickets](http://wcsu.edu/tickets)
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- ◆ WCSU students *free* with valid ID