



Exhibit 3.4.a.7

Advanced Program: School Counseling **Assessment #3: Impact on Student Learning** **Individual Counseling Project and Case Study**

You will meet for at least five sessions with a school-aged student in an urban school setting. It will be your responsibility to schedule the sessions, make arrangements with appropriate school personnel, (e.g. principal, school counselor) and get informed consent. Forms will be provided. You will also need liability insurance, which can be obtained through ACA. The purpose of these sessions is to give you practice using the counseling methods that we are studying in this class. You must hand in session notes for these sessions and be prepared to discuss the sessions in class. Your session notes must document that you have chosen developmentally and culturally appropriate counseling interventions from among the interventions we have studied in class (e.g., expressive, play, solution-focused, cognitive-behavioral and behavioral). You must hand in your notes after each session. The notes must include sections on: client behavior, strategies you used, goal (if applicable) and your critical reflection on the session. **Based on your work with this child or adolescent, you will prepare a case study and present it to the class.** The case study should include sample activities or an audio recording from your sessions as well as background information and a written description of the methodology or interventions used along with their theoretical bases.

School Counseling Individual Counseling Project Rubric (EPY 604)

	Unacceptable 1	Acceptable 2	Target 3	School Counseling Program Area Standard(s)
Adherence to Ethical and Legal Practices	NA	NA	Contents of the clinical folder MUST include informed consent, client assent, and proof of malpractice insurance. Session notes MUST document that you have informed your clients about the project, your role and limits of confidentiality	A2
	Unacceptable	Acceptable	Target	
Adherence to Project Guidelines & Formats	Deviations detract from overall quality of the project.	Any deviations from format are minor and do not detract from overall quality of the project.	Session Notes and Case Study follow format provided in class.	

	Unacceptable	Acceptable	Target	
Understanding of Client Developmental Level	Description of relation of client developmental level to counseling issues and strategies is not evident.	Description of client developmental level is adequate and related to interventions but may reflect the depth of understanding evident in target performance.	Description of client developmental level and how it impacted your choice of interventions reflects thorough knowledge of the stage and its issues.	A6, E2
	Unacceptable	Acceptable	Target	
Selection of Individual Counseling Interventions	Choice of intervention does not reflect knowledge of development and culture and/or CIT has difficulty choosing more appropriate intervention and /or relating them to theory.	Choice of interventions reflect knowledge of development and culture. CIT may need supervision to modify practice and/or relate intervention to theory.	Choice of interventions is developmentally and culturally appropriate. Session notes reflect ability to modify counseling strategies to accommodate client needs. CIT can explain theory base.	C1,3
	Unacceptable	Acceptable	Target	
Selection of Goals (if applicable)	Goal is unrelated to student need and/or expressed interest.	Goal is related to student interest and need but, as stated, may be hard to achieve or measure.	Goal is measurable attainable and related to student need. Client is invested in achievement of goal.	
	Unacceptable	Acceptable	Target	
Reflection and Analysis	CIT has difficulty critically assessing his/her own work and/or modifying practice.	CIT is able to reflect critically on work but needs supervision to modify practice.	CIT's reflections demonstrate the ability critically analyze his/her performance and adapt counseling strategies accordingly.	

Scoring Guide:

Unacceptable	11 and below or any 1's
Acceptable	12-14
Target	15-18