

# Summer 2023 Newsletter

## (June, July, and August)



The Center is funded through an agreement with the Connecticut Department of Emergency Services and Public Protection and Western Connecticut State University.



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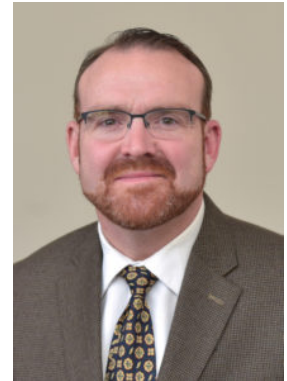
between the Connecticut Department of Emergency Services and Public Protection and Western Connecticut State University. The Center provides professional development related to all aspects of school safety planning, and it conducts research on prevention, crisis, safety, and trauma related to students and schools. The Center also establishes relationships among area school districts and community stakeholders to create both formal and informal networks. Moreover, the Center provides consultation and on-site support to school districts. This newsletter provides a venue for the Center to become a clearinghouse for school safety related trainings, meetings, research, and resources.

## The Director's Corner



Hello School Safety Partners,

It is incredible to imagine that another school year has passed, and summer is upon us. Over the last year and a half, the Center has been able to provide training and development to over 1,000 school professionals. We want to continue this trend and make this Summer Conference better than ever! We are excited to bring the following training courses to our school safety partners:



- NASP PREPaRE Workshop 1 and Workshop 2
- Comprehensive School Threat Assessment Guidelines (CSTAG)
- School Safety and Security Assessments
- Cybersecurity
- Digital Threats
- Social Media Trends
- School Climate
- Trauma Informed Practices
- Behavioral Threat Assessment
- De-Escalation
- School Reunification
- Behavioral Detection
- Especially Safe: An Inclusive Approach to School Safety

Please take advantage of these training sessions and share them with your school community. I wish everyone a peaceful and restful summer.

Your partner in school safety,  
Amery

**Amery Bernhardt, D.M.**

Director

CT Center for School Safety and Crisis Preparation



# Department of Emergency Services and Public Protection Division of Emergency Management and Homeland Security



Dear School Safety Partners,

Thank you for signing up to get this important newsletter. As always, please feel free to contact me with any school plan questions.

## **From the DEMHS State School Safety Program Desk:**

### **School Safety and Security Assessment Class and 2023 Summer School Safety Conference**

We will be presenting the School Safety and Security Assessment class during the summer school safety conference. This presentation is designed to take the mystery out of school safety assessments and provide a level of comfort in this task. The class will consist of a morning classroom and an afternoon practical exercise of a school building closing with group brief outs of findings.

School safety assessments should be a multi-discipline team effort so the intended audience for this class is wide open. Consider sending your school safety committee members, SROs, school security officers, and others involved in school safety.

The School Safety Assessment class will be **Monday, August 7, 2023**, the first day of the conference.

Your partner in school safety,

#### **Bill Turley**

Manager Training and Exercise  
School Safety Program Lead  
State of Connecticut  
Department of Emergency  
Services & Public Protection  
Division of Emergency Management

and Homeland Security  
1111 Country Club Rd.  
Middletown CT 06457  
Office 860-685-8556  
Cell 860-250-6158  
[William.turley@ct.gov](mailto:William.turley@ct.gov)

## Awards



L-R Superintendent Kevin Walston, Christine Miller, and Mayor Dean Esposito, at Danbury's Teacher of the Year ceremony on April 25, 2023.

### Teacher of the Year: Christine Miller

**Christine Miller**, a Social Skills Counselor at Broadview Middle School, was named Danbury's school district 2023 Teacher of the Year, from a pool of 700+ candidates. Superintendent Kevin Walston said Miller not only plays a critical role in helping students realize their potential, but is an example of how "one person can transform the lives of thousands of children."

[See Danbury News-Times Article](#)

## Resources

### CISA and Secret Service Release Tool Kit

Today, the Cybersecurity and Infrastructure Security Agency (CISA) and the U.S. Secret Service National Threat Assessment Center (NTAC) released the [K-12 Bystander Reporting Toolkit](#), a new resource to support kindergarten through grade 12 (K-12) schools in strengthening school safety reporting programs and encouraging bystander reporting among students and other members of the school community.

Effective reporting systems, and the willingness of bystanders to come forward with safety and wellness concerns for themselves and others, are critical components of student health and school violence prevention efforts. The *K-12 Bystander Reporting Toolkit* offers simple strategies and guidance K-12 schools and school districts can use to implement or enhance safety reporting programs and create a school environment where students are more willing and able to report concerns for the wellness and safety of themselves or others. It is designed to help school leaders create tailored, customized approaches that best meet the needs of their unique communities.

Developed in collaboration with the Homeland Security Operational Analysis Center, the toolkit offers five key strategies for schools to consider in strengthening their school safety reporting programs:

- Encourage bystanders to report concerns for the wellness and safety of themselves or others.
- Make reporting accessible and safe for the reporting community.
- Follow-up on reports and be transparent about the actions taken in response to reported concerns.
- Make reporting a part of daily school life.
- Create a positive climate where reporting is valued and respected.

The *K-12 Bystander Reporting Toolkit* is applicable to schools comprising a range of student populations, geographical settings, and at various levels of maturity in their approach to reporting. In addition to strategies and guidance, it provides self-assessment worksheets and checklists and a list of additional school safety resources on topics such as threat assessment and school climate.

The toolkit represents the latest effort in CISA's and the Secret Service's shared school safety mission, which includes providing schools with actionable, practical, and cost-efficient steps toward preventing harm or acts of violence among our most important populations.

To access "Improving School Safety Through Bystander Reporting: A Toolkit for Strengthening K-12 Reporting Programs," visit [here](#).

## **Mental Health Strategies and Resources for K-12 Schools**

### **[New Infographic:](#)**

Mental health is an important part of a child's overall health and well-being. It is shaped by a combination of factors and can play a role in how children handle stress, relate to others, and make healthy choices. According to [recent studies](#), young people show alarming increases in the prevalence of anxiety, depression, and other behavioral health challenges that have consistently increased over the past decade.

Schools are critical partners in supporting the mental health and emotional well-being of students. In addition to education, they provide opportunities for social and mental health services and can serve as communities of support for children and adolescents in need. These efforts can help foster a positive and safe school climate, prevent worsening of mental health conditions, and create better outcomes for students.

There are several strategies educators, school staff, and K-12 leaders can implement to promote youth mental health and reduce mental, emotional, and behavioral difficulties with students at risk.

Learn more about these strategies and aligned mental health resources for K-12 schools in this new [SchoolSafety.gov infographic](#). This latest resource includes available guides, tools, trainings, and programs that schools and school districts can use to implement mental health programs and initiatives within their community. We encourage you to [download and share the infographic](#) with others in the K-12 community as you see fit.

Thank you as always for your coordination and support. For additional resources and information on mental health and school safety, please visit [SchoolSafety.gov](#) and follow us on *Twitter* at [@SchoolSafetyGov](#). If you have any questions, please contact our team at [SchoolSafety@hq.dhs.gov](mailto:SchoolSafety@hq.dhs.gov).

**Meetings - Please look for meetings in your region.**



## **Region 2/South Central Regional Behavioral Health Action Organization** **(Alliance for Prevention & Wellness / A Program of BHcare)**

### **Regional Suicide Advisory Board Meeting**

- *When:* 6/6 at 10:30am
- *Where:* Virtually via Zoom
- *Towns:* Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge.
- *Who Should Attend:* If you would like to join, please contact **Taylor Gainey** for the **Zoom Link** at [Tgainey@bhcare.org](mailto:Tgainey@bhcare.org).
- *For more information:* please contact **Pamela A. Mautte** MS, MCHES, CPS-R, Director at [Pmautte@bhcare.org](mailto:Pmautte@bhcare.org) or **Taylor Gainey**, MHA at [Tgainey@bhcare.org](mailto:Tgainey@bhcare.org)

### **TBA - DEMHS Region 1 School Safety and Security Meeting**

- *For more information,* please contact **Robert Kenny** at [Robert.kenny@ct.gov](mailto:Robert.kenny@ct.gov).

### **Region 1 Gambling Awareness Team Meetings**

- *When:* 2nd Tuesday of the month, Quarterly; from 2:30-4pm (6/13/23)
- *Where:* Virtually
- *Who Should Attend:* (open to anyone interested): Open to anyone from Southwestern CT interested in raising awareness about problem gambling and gaming. Focus on raising awareness and developing prevention and treatment capacity in the region.
- *RSVP to* [Ingrid.gillespie@liberationprograms.org](mailto:Ingrid.gillespie@liberationprograms.org) for meeting link.

### **The DEMHS Region 2 School Safety & Security Group Meeting**

- *When:* 7/26 from 2:30-3:30pm
- *Where:* Virtually via [Google Meets](#) edit [Phone Number](#) Pin: 589 633 559#
- *Who Should Attend:* Those who are interested in being part of our group are encouraged to email their contact information to **Jeff Nielsen** at [Jnielsen@milforded.org](mailto:Jnielsen@milforded.org). Group membership includes receiving correspondence related to meeting announcements and information related to school safety/security.

### **The DEMHS Region 4 (Eastern CT) School Safety Subcommittee**

- *When:* Wednesday, June 28 from 9:30-11:00am
- *Where:* (Hybrid) Virtual and In-Person at [LEARN](#), 44 Hatchetts Hill Rd., Old Lyme, CT
- *Who Should Attend:* For those organizations within Region 4's territory (<https://portal.ct.gov/DEMHS/Emergency-Management/Resources-For-Officials/Regional-Offices/Region-4>), attendance/membership for this group could include, but not be limited to: Any school staff who are responsible for school safety planning in their districts; SROs; Emergency Managers; Public Safety Chiefs/Department Heads; Public Health Officials; Any others with vested interest.

- *If you are interested in attending:* please send an email with your interest to [Mike.caplet@ct.gov](mailto:Mike.caplet@ct.gov) in order to be added to the meeting email distribution list, and to receive the **Zoom Link**.
- *Please Save the Dates* for future School Safety Subcommittee meetings. All meetings will be held 9:30-11:00 and will be Hybrid on Zoom and In-Person. Location of physical meeting rotates; listed in parentheses: **7/26/23** (EASTCONN), **8/30/23** (LEARN), **9/27/23** (EASTCONN), **10/25/23** (LEARN), **11/29/23** (EASTCONN).

### **The DEMHS Region 5 School Safety and Security Working Group**

- *When:* Thursday, June 22 from 11am-12pm
- *Where:* Virtually
- The mission of this group is to provide a school safety and security network consisting of school resources who can share lessons learned and quality information pertaining to maintaining a safe and secure environment for our schools.
- *If you are interested in attending:* please email **John Field** at [John.field@ct.gov](mailto:John.field@ct.gov).

### **The Western Regional Crisis Team Meetings (covering RESC regions of EdAdvance & CES)**

- *When:* Tuesday, June 13 from 8:30-10:30am
- *Where:* Virtually via Zoom
- *Who Should Attend:* These meetings are geared towards the mental health professionals servicing our K-12 students.
- *For more information or to join the Team:* please email **Tanya Iacono** at [Iaconot@wcsu.edu](mailto:Iaconot@wcsu.edu).

### **The ACES Regional Crisis Team Meeting**

- *When:* Thursday, June 15 from 9:00-11:00am (9/21/23,10/19/23)
- *Who Should Attend:* These meetings are geared towards the mental health professionals servicing our K-12 students.
- *Where:* Virtually via Zoom
- *For more information or to join the Team:* please email **Sadie Witherspoon** at [Witherspoons@wcsu.edu](mailto:Witherspoons@wcsu.edu).

### **The North Central Regional Crisis Team Meeting (Covering RESC Capitol Region Education Council)**

- *When:* Tuesday, June 9 from 9:00-10:30am
- *Where:* [Zoom Link](#), Meeting ID: 870 9664 2732, Passcode: 856200
- *Who Should Attend:* These meetings are geared towards the mental health professionals servicing our K-12 students.
- *For more information or to join the Team:* please email **Kimberly Myers** at [Myersk@wcsu.edu](mailto:Myersk@wcsu.edu).

### **Northeastern Regional Crisis Team Meetings (EASTCONN RESC region)**

- *This team will meet jointly with the Southeastern Regional Crisis team for the remainder of the 2022/2023 academic year.*
- *When:* Wednesday, June 1 from 8:30-10:00am
- *Where:* Virtually via Zoom
- *Towns:* Andover, Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Colchester, Columbia, Coventry, Eastford, Franklin, Griswold, Hampton, Hebron, Killingly, Lebanon, Lisbon, Mansfield, Marlborough, Plainfield, Pomfret, Putnam, Scotland, Sprague, Stafford, Sterling, Thompson, Tolland, Union, Voluntown, Woodstock, Willington, Windham
- *Who Should Attend:* These meetings are geared towards the mental health professionals supporting our K-12 students.
- *For more information or to join the Team:* please email **Kiley Young** at [Youngki@wcsu.edu](mailto:Youngki@wcsu.edu).

### **Southeastern Regional Crisis Team Meetings (LEARN RESC region)**

- *This team will meet jointly with the Northeastern Regional Crisis team for the remainder of*

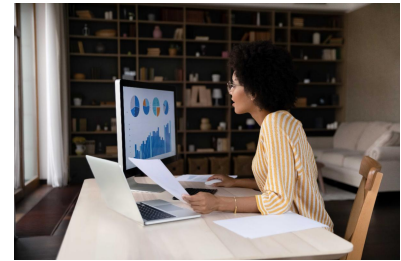
the 2022/2023 academic year.

- *When:* Wednesday, June 1 from 8:30-10:00am
- *Where:* Virtually via Zoom
- *Towns:* Chester, Clinton, Deep River, East Haddam, East Hampton, East Lyme, Essex, Groton, Guilford, Haddam, Killingworth, Ledyard, Lyme, Madison, Montville, New London, North Stonington, Norwich, Old Lyme, Old Saybrook, Preston, Salem, Stonington, Waterford, Westbrook
- *Who Should Attend:* These meetings are geared towards the mental health professionals supporting our K-12 students.
- *For more information or to join the Team:* please email **Kiley Young** at [Youngki@wcsu.edu](mailto:Youngki@wcsu.edu).

## Research

### **Mitigating Negative Psychological Effects of School Lockdowns: Brief Guidance for Schools**

This article was published by the National Association of School Psychologists (NASP) from their School Safety and Crisis publications. The full report can be accessed [here](#).



The following are some of the Key areas discussed in this document:

#### **Planning is Critical**

- Planning should include considerations for age and developmental levels, disabilities that might impede mobility and access to instruction, and intellectual disabilities that might impede understanding a situation or instructions.
- Armed assailant drills that are not conducted appropriately may cause physical and psychological harm to students and staff, not to mention disruption to the overall learning environment.

#### **Preparing for a Lockdown**

- Start with an orientation to the lockdown drill that provides an overview of what to expect. This should be tailored to developmental level, second language status, and disabilities. Such orientations also help staff members to appreciate their roles and expected actions.
- Always announce lockdown drills. The message should say something such as, "This is an emergency drill, not an actual emergency. This is a drill. We are now practicing how to keep safe in an emergency. This is a drill."
- It is imperative that schools take into account the trauma history of persons participating in the drill. Special accommodations, such as advanced warning of an upcoming drill, should be given to any student or staff member who is judged to potentially find a lockdown drill frightening.
- To the extent possible, ensure staff members are able to recognize traumatic stress reactions and are able to support students during a lockdown, for example, by being able to use stabilization or grounding techniques (which help distressed persons regain emotional control).



### **During a Lockdown**

- Communicate clearly during the lockdown whether or not there is imminent danger to the school. Conveying factual information as quickly as possible will minimize anxiety and fear.
- Use the secured perimeter/lockout whenever it is safe to do so. This will minimize the potential for psychological trauma and maintain the learning environment. Full-scale lockdowns should be employed only when absolutely necessary due to imminent danger to the school.

### **After the Lockdown**

- Recognize trauma reactions and offer mental health crisis intervention assistance (Brock et al., 2016).
- Provide an opportunity for students and staff members to share their reactions to the lockdown.

# **CT Center for School Safety Week-Long Summer Conference at Western Connecticut State University Westside Campus**

Our goal is to make trainings accessible to all Connecticut schools, so our trainings are low cost. However, because we do not want cost to be a barrier, we offer scholarships for individuals and districts who are unable to afford training costs.

## **Register NOW for Trainings!**

### **8/7: [PREPaRE Workshop 1:](#)**

### **[Comprehensive School Safety Planning: Prevention Through Recovery 3rd Ed.](#)**

Training provided by PREPaRE Trainer, **Dr. Paula Gill Lopez**, ([bio](#))  
Faculty Affiliate-CT Center for School Safety & Crisis Preparation,  
Associate Professor and Program Director-Fairfield University, Executive  
Board-CASP. In this 1-day workshop participants will learn how to  
establish and sustain comprehensive school safety efforts that attend to  
both physical and psychological safety. The workshop addresses critical  
components needed to develop, exercise, and evaluate safety and crisis  
teams and plans and conduct building vulnerability assessments. The  
model also integrates school personnel and community provider roles in  
providing school-based crisis preparedness and response activities.



Additional topics addressed also include media/social media, communication, reunification, students with special needs, culture, and memorials. After this workshop, participants will be better prepared to improve their school's climate, student resilience, and crisis response capabilities of school personnel. With updated research and strategies, this workshop makes a clear connection between ongoing crisis prevention, mitigation, protection, response, and recovery.

Cost: \$45 NASP Fee.

**Pre-Work Required. Registration deadline: June 16th.**

## **8/7: School Safety and Security Facility Assessment Training**

Training provided by **William Turley**, Manager Training and Exercise, School Safety Program Lead for the State of CT Department of Emergency Services & Public Protection, Division of Emergency Management and Homeland Security. This training will give schools the tools to conduct security and vulnerability assessments as per the requirements under Public Act 13-3, Section 88, now codified in Connecticut General Statutes Section 10-222n.

Cost: \$26, **Registration deadline: July 31st**

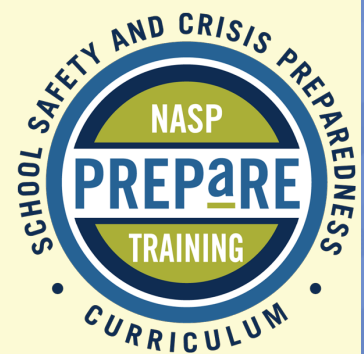


## **8/8-8/9: PREPaRE Workshop 2: Mental Health Crisis Interventions: Responding to an Acute Traumatic Stressor in Schools, 3rd ed.**

Training provided by PREPaRE Trainer, **Dr. Paula Gill Lopez**, ([bio](#)), Faculty Affiliate-CT Center for School Safety & Crisis Preparation, Associate Professor and Program Director-Fairfield University, Executive Board-CASP. This 2-day workshop develops the knowledge and skill required to provide immediate mental health crisis interventions to the students, staff, and school community members who have been simultaneously exposed to an acute traumatic stressor. The knowledge and skill developed within this session also help to build a bridge to the psychotherapeutic and trauma informed mental health response sometimes required to address challenges associated with trauma exposure. This workshop is an excellent course for all mental health professionals in your district who provide mental health crisis intervention services.

Cost: \$55 NASP Fee.

**Pre-Work Required. Registration deadline: June 16th.**



## **8/8: Cybersecurity, Social Media Awareness**

and

## **Documenting Digital Threats Training**

### **Cybersecurity from 8:00 a.m. to 10:00 a.m.**

**David Palmbach (bio)** will provide valuable insight for protecting your school from cyber threats. He will provide a CISA background, defining and building operational resilience, asset management and prioritization of critical assets and services, risk management, external dependencies management, end users and human error, incident response, other key cybersecurity practices.



### **Social Media Awareness and Documenting Digital Threats from 10:00 a.m. to 4:00 p.m.**

**Trooper First Class James White (bio)** will be leading an informative session covering a variety of important topics. Beginning with an in-depth discussion on the latest trends in student social media use, Trooper White will explore how students are bypassing site blockers and hiding content on their phones and apps.

After a lunch break, the session will continue with an exploration of high-risk apps and trends in online misbehavior. Attendees will learn how to identify digital threats and track them using the Connecticut Center for School Safety and Crisis Preparation's digital threat document. This document will be thoroughly explained, and attendees will be given practical applications for tracking digital threats. They will also be shown examples of digital threats and best practices for documenting them. The session will conclude with an open question and answer session, allowing attendees to ask any remaining questions they may have. Don't miss out on this informative and important session with Trooper First Class James White.



Cost: \$26. **Registration deadline: July 31st.**

## **8/9: School Threat Assessment and Behavioral Analysis Threat Assessment Training**

Training provided by **SA Marc LaFrance, (bio)** FBI New Haven and Behavioral Analysis Unit (BAU) Coordinator statewide, certified by the BAU as a Threat Management Coordinator leading the FBI's Behavioral Threat Assessment and Threat Management Group.

These presentations provide the latest strategies and guidance for using behavioral analysis to identify, assess and mitigate acts of targeted violence. SA LaFrance will describe the FBI's research-based approach to identify behaviors that may be indications an individual is planning an act of targeted violence, provide guidance for further analysis of these observable behaviors, and discuss strategies to prevent an individual from further progressing down the pathway to violence. The training will also outline the creation of a threat assessment and treat mitigation (TATM) team, and what to expect when you bring a case to the FBI for behavioral analysis.

Cost \$26. **Registration deadline: July 31st.**



## **8/10: Comprehensive School Threat Assessment Guidelines (CSTAG)**

This Training will be provided by **Megan E. Eliot**, Ph.D., Licensed Clinical Psychologist ([bio](#)). This is a one-day workshop on The Comprehensive School Threat Assessment Guidelines [CSTAG]. CSTAG is an evidence-based model that teaches interdisciplinary school-based teams to respond to student threats of violence by assessing the seriousness of the threat and creating an intervention plan that addresses the underlying problem that led to the threat.

Cost \$26. **Registration deadline: July 31st.**



## **8/10: De-escalation, School Climate and Trauma Informed Training**

**De-escalation Training Course from 08:00 a.m. to 10:00 a.m.**

**Todd McGhee** ([bio](#)) will lead participants through a two-hour De-escalation course designed to provide participants with a basic understanding of how to defuse and de-escalate potentially volatile situations. Participants will learn about the fundamentals of communication and how to recognize and respond to escalating situations, as well as the role of the limbic system in emotional responses. Throughout the course, participants will engage in interactive discussions, case studies, and scenario-based exercises to apply their learning to real-life situations. By the end of the course, participants will have gained a basic understanding of how to prevent situations from escalating, how to respond to verbal and non-verbal cues, and how to apply effective communication techniques to de-escalate conflict.



**School Climate from 10:00 a.m. to 12:00 p.m.**

**Amanda Pickett** ([bio](#)) will provide valuable insight into **A Systems-Based Approach to Comprehensive School Climate Efforts**. During this session, participants will review systemic implementation of school climate efforts. Key definitions and critical components of a multi-tiered systemic approach will be reviewed, with a focus on Tier 1. Participants will also have the opportunity to apply the learning, and reflect on the needs of their school community, the alignment of their efforts, and the capacity to implement.



**Trauma Informed Training - The Trauma of Everyday Life: Understanding the Importance of Emotional Safety in Schools from 1:00 p.m. to 4:00 p.m.**

**Dana M. Bossio** ([bio](#)) and **Jennifer Harris's** ([bio](#)) presentation will provide a foundational understanding of the prevalence and persistence of the impacts of trauma in our students, as well as the adults who serve them. Participants will develop competency around defining and discussing trauma and common trauma symptoms, as well as common implications that trauma and toxic stress can have on brain development, learning and relationships. This training will introduce concepts associated with the sequence of engagement in order to develop understanding and implementation of strategies that support co-regulation and relationship building.



Cost \$26. **Registration deadline: July 31st.**

**8/11: (Morning Session):**

**[Michele Gay of Safe and Sound Schools](#)**

**[Keynote Presentation](#)**

and

**[Workshop on Especially Safe: An Inclusive Approach to School Safety](#)**



**Morning:**

Keynote Presentation and Workshop by **Michele Gay** ([bio](#))

8:00 a.m. to 12:00 p.m.

**Workshop:**

Led by Co-founder and Executive Director, **Michele Gay**, this workshop will explore Safe and Sound's newest program, Especially Safe: An Inclusive Approach to School Safety. Developed with expert practitioners

from across the disciplines, this program includes resources, tools, and teaching ideas to meet the safety needs of community members with special needs.

This workshop will cover:

- An overview of the Especially Safe Planning & Preparation Guide and Teaching & Training Guide
- How to use the TEAMS framework to operationalize your safety planning and preparation for individuals with special needs
- Practical activities for increasing empowerment and building a positive culture of safety within your school community.

## **8/11: (Afternoon Session):**

### **School Reunification Workshop**

**OR**

### **Behavior Detection Course**

#### **Afternoon:**

1:00 p.m. to 4:00 p.m.

#### **Choose Option 1 or Option 2:**

##### **Option 1: School Reunification Workshop**

This Training will be provided by **Daniel Rector** ([bio](#))

This course will allow school security and safety teams the opportunity to practice and refine their reunification plans. The course begins with a review of why a reunification may occur, the two main types of reunifications, and the required features of a reunification site. The course will then introduce a scenario for the teams to work through. The facilitator will ask the teams questions and work with them to find solutions based on their specific reunification plans. Essential items such as phone numbers for proposed reunification sites and transportation companies will be tested. Driving routes and response times will be analyzed using real-time traffic data. At the conclusion of the exercise, each team will better understand the feasibility of their plan, its strengths, and areas that need to be addressed.



**OR**

##### **Option 2: Behavior Detection Course**

This Training will be provided by **Todd McGhee** ([bio](#)). Participants will receive an overview of the fundamentals of behavior detection,

situational awareness, and assessing risk. They will learn about the psychology of violent behavior and how to recognize and respond to pre-attack indicators. Throughout the course, participants will engage in interactive discussions and case studies. By the end of the course, participants will have gained a basic understanding of how to assess threats, mitigate risk, and effectively mitigate targeted violence by using behavior detection methods.



Cost \$26. **Registration deadline: July 31st.**

## Additional Trainings, Webinars, and Conferences

### 6/7, 6/8, 6/9: Leadership and Supervision Training: A Proactive Approach to Officer Wellness and Suicide Prevention

Sponsored by U.S. Department of Justice, Bureau of Justice Assistance and Hosted by CT Police Chiefs Association, Co-hosted by New England State Police Information Network (NESPIN) a RISS Center, US Attorney's Office, District of CT.

If you are in a leadership or supervisory position, you are an influencer within your agency. You are a role model for those under your charge. During this highly interactive training you will have the opportunity to exchange ideas, strategies, and best practices and create individualized action plans. This 1-day Training is being offered in **Fairfield, East Hartford, and New Haven** from 8:00 a.m.-5:00 p.m. Also see [Flyer](#).

**LEADERSHIP AND SUPERVISION TRAINING:**  
**A Proactive Approach to Officer Wellness and Suicide Prevention**

If you are in a leadership or supervisory position, you are an influencer within your agency. You are a role model for those under your charge.

**Duty, empowerment, responsibility, ownership, and accountability** are important concepts that you must demonstrate to and encourage in the people you lead.

During this highly interactive training, you will have the opportunity to exchange ideas, strategies, and best practices and create individualized action plans.

**June 7, 2023 - Fairfield, Connecticut**  
**June 8, 2023 - East Hartford, Connecticut**  
**June 9, 2023 - New Haven, Connecticut**  
8:00 a.m. – 5:00 p.m., ET

**SUICIDE IS PREVENTABLE, AND IT STARTS WITH YOU!**

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U.S. Department of Justice, Bureau of Justice Assistance

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United States Attorney's Office, District of Connecticut

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**ADLEST Certified**

This project was supported by Grant No. 2018-18-0003 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is approved by the U.S. Department of Justice's Office of Justice Programs, which also includes the Bureau of Prisons, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the Office for Victims of Crime, and the Office of Sex Offender Sentencing, Monitoring, Apprehending, Restraining, and Tracking (ESMART). Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

To register, click the link below or scan the QR code.  
<https://www.safleo.org/Training/Supervisors>

**8 Hours of In-Service Training Credit Available**

### 6/15: Reframing the Conversation : Talking to Kids about Addiction

Sponsored by **Wheeler Connecticut Clearing House a Program of the CT Center for Prevention, Wellness, and Recovery.**

Free Virtual Presentation is from 2:00-3:00 pm and will

be presented by **Deepa R. Kamenga, MD, MHS**, Pediatrician-Scientist & National Leader in Pediatric Addiction Medicine. For more information, please see [Flyer](#).

View as Webpage

## REFRAMING THE CONVERSATION: TALKING TO TEENS ABOUT ADDICTION

A CONNECTICUT CLEARINGHOUSE EDUCATIONAL FORUM


**JUNE 15, 2023**

Virtual presentation from 2:00 - 3:00 PM

Approved for 1 Contact Hour through the CT Certification Board

**DEEPA R. CAMENGA, MD, MHS**

PEDIATRICIAN, PHYSICIAN-SCIENTIST & NATIONAL LEADER IN PEDIATRIC ADDICTION MEDICINE



### PARTICIPANTS WILL BE ABLE TO:

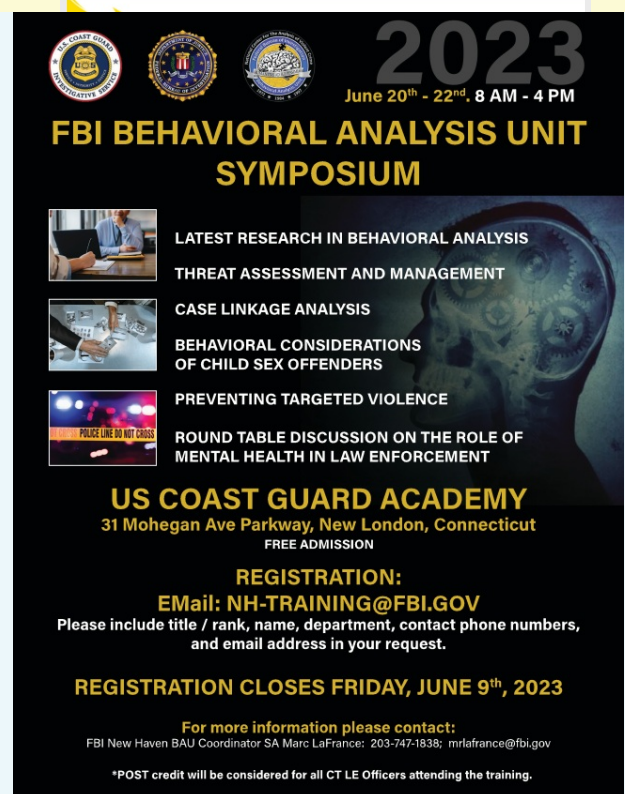
- ✓ LIST 3 WAYS THE BRAIN CHANGES DURING ADOLESCENCE
- ✓ DESCRIBE THE CURRENT EVIDENCE AROUND THE IMPACT OF SUBSTANCES ON THE NEUROBIOLOGY OF THE ADOLESCENT BRAIN AND DEVELOPMENT OF ADDICTION
- ✓ APPLY STRATEGIES FOR DISCUSSING NEUROBIOLOGY WHEN COUNSELING TEENS AND PARENTS ABOUT SUBSTANCE USE

## 6/20-6/22: [The 2023 FBI Behavioral Analysis Unit Symposium](#)

This Symposium will cover the latest research in behavioral analysis, threat assessment and management, case linkage analysis, and much more! It will be held at the US Coast Guard Academy located at 31 Mohegan Ave Parkway, New London, CT, from 8 am-4 pm. Free Admission. For more information, please see [Flyer](#).





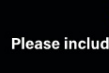
### Registration Closes on Friday June 9th.

POST credit will be considered for all CT LE Officers attending the training.



**2023**  
June 20<sup>th</sup> - 22<sup>nd</sup>, 8 AM - 4 PM

## FBI BEHAVIORAL ANALYSIS UNIT SYMPOSIUM

-  LATEST RESEARCH IN BEHAVIORAL ANALYSIS THREAT ASSESSMENT AND MANAGEMENT
-  CASE LINKAGE ANALYSIS
-  BEHAVIORAL CONSIDERATIONS OF CHILD SEX OFFENDERS
-  PREVENTING TARGETED VIOLENCE
-  ROUND TABLE DISCUSSION ON THE ROLE OF MENTAL HEALTH IN LAW ENFORCEMENT

**US COAST GUARD ACADEMY**  
31 Mohegan Ave Parkway, New London, Connecticut  
FREE ADMISSION

**REGISTRATION:**  
EMail: [NH-TRAINING@FBI.GOV](mailto:NH-TRAINING@FBI.GOV)  
Please include title / rank, name, department, contact phone numbers, and email address in your request.

**REGISTRATION CLOSES FRIDAY, JUNE 9<sup>th</sup>, 2023**

For more information please contact:  
FBI New Haven BAU Coordinator SA Marc LaFrance: 203-747-1838; [mrlafrance@fbi.gov](mailto:mrlafrance@fbi.gov)

\*POST credit will be considered for all CT LE Officers attending the training.

## 6/27: [Overdose Prevention Training Webinar](#)

Sponsored by the **Western CT Coalition (WCTC)**. Naloxone (Narcan®) is a medication that reverses an opioid overdose. Free Trainings are held on the 4th Tuesday of the month and covers risk factors and prevention strategies; signs and symptoms of overdose; how to obtain and administer Naloxone; Good Samaritan Law, treatment and support and resources. For more information, please contact **Abby Wood** at [Awood@wctcoalition.org](mailto:Awood@wctcoalition.org)

## OVERDOSE PREVENTION TRAINING WEBINAR

*We Can All Save a Life!*

*Naloxone (Narcan®) is a medication that reverses an opioid overdose.*

All training sessions include:

- Risk factors & prevention strategies
- Signs & symptoms of overdose
- How to obtain & administer naloxone
- Good Samaritan Law
- Treatment/support resources



**Spring 2023 Schedule**  
Trainings held on the 4th Tuesday of the month from 10:00-11:15AM on Zoom:



## 6/28: [Question, Persuade, Refer \(QPR\) Suicide Prevention Training Webinar](#)

Sponsored by [Western CT Coalition \(WCTC\)](#), [QPR Institute](#), and [DMHAS](#). QPR is an evidenced-based suicide prevention program that teaches three steps anyone can take to save a life - recognize signs, offer help, and connect to resources.

Free QPR Suicide Prevention Webinar Training and Certification

QPR- Question, Persuade, Refer is an evidence-based suicide prevention program that teaches three steps anyone can take to save a life:

- Recognize Signs
- Offer Help
- Connect to Resources

Note New time!

Spring 2023 Schedule  
1:00 - 2:30 p.m. on Zoom:

## 7/24-28: [The 2023 National School Safety Conference](#)

Sponsored by the [School Safety Advocacy Council](#). The School Safety Advocacy Council has become the recognized leader in school safety services and training and it is the host of the largest conference in the nation addressing all aspects of school safety and will be held at the Tropicana Resort & Casino in Las Vegas.



## [Bridgeport Parent Leadership Training Institute \(PLTI\)](#) is a program of the [RYASAP \(Regional Youth Adult Social Action Partnership\)](#).

This Training enables parents to become leading advocates for their children. This nationally recognized curriculum is offered at No Cost to you. For more information and to request an application, please contact **Sandra Carmichael**, Community Training Coordinator at [Sandra@ryasap.org](mailto:Sandra@ryasap.org).

WHO WE ARE

The Parent Leadership Training Institute enables parents to become leading advocates for children. Parents' voices are often unheard, but they do not lack the motivation or will to change their children's lifelong health, safety, and education. PLTI teaches them advocacy skills to become practiced change agents for the next generation.

Participants will learn to become a strong voice for the next generation to address areas of concern including accessible child and health care, quality and accountability in education and other systems, and neighborhood safety.

SCAN ME

Celebrating 25 Years  
Strengthening democracy  
Strengthening families

Contact Us

2410 Fairfield Ave  
Bridgeport, CT 06605  
ryasap.org

Sandra Carmichael  
Community Training Coordinator  
sandra@ryasap.org  
(475) 298-0207

Bridgeport Parent Leadership Training Institute is a program of RYASAP. We aim to further the healthy development of youth, families, and community members by providing direct service, building capacity, and creating systems change. Our collaborative work within RYASAP ensures we effectively serve clients no matter where they fall along the spectrum of need.

Bridgeport Parent Leadership Training Institute  
an initiative of the Commission on Women, Children, Seniors, Equity & Opportunity  
Celebrating 25 Years

Helping parents who *care*  
Become parents who *lead*

RYASAP  
culture to community change

[EdAdvance](#), through its [SAMHSA-funded MHAT-WCT](#) initiative, offers No-Cost Mental Health First Aid, Youth Mental Health First Aid, Teen Mental Health First Aid, and Question, Persuade, Refer (QPR) Suicide Prevention training classes to adults and teens throughout Western CT. Please contact is **Abby Peklo** at [Peklo@edadvance.org](mailto:Peklo@edadvance.org) or 860.567.0863 ext. 1166 for more information.

EdAdvance  
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EMPLOYMENT REGISTRATION ACCESSIBILITY

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Connection • Culture • Customization

EdAdvance exists to promote the success of school districts and their communities.

**Southern Connecticut State University (SCSU)** offers Free trainings, technical assistance, and materials on tobacco (vaping) prevention and cessation at No Cost to employees in CT from a grant from the CT DPH. For more information, please contact **Victoria Adams, M.Ed, NCTTP, Tobacco Program Coordinator, Health & Human Services, at [Adamsv2@southernct.edu](mailto:Adamsv2@southernct.edu)**

**ADDITIONAL RESOURCES FOR QUITTING VAPING**

- Become a trained tobacco treatment specialist
  - Free 3 day training: June 20, 23, 24
  - Email for application
  - <https://www.umassmed.edu/tobacco/training/>
- Group cessation curriculum and sample vaping quit kits: email Vicky at [adamsv2@southernct.edu](mailto:adamsv2@southernct.edu)
- What resources does your school offer?



## Contacts



### **Amery Bernhardt, D.M.**

Director, CT Center for School Safety and Crisis Preparation  
(203) 837-3210  
[Bernhardta@wcsu.edu](mailto:Bernhardta@wcsu.edu)



### **Mary Pupazzoni**

Secretary, CT Center for School Safety and Crisis Preparation  
(203) 837-8915  
[Pupazzonim@wcsu.edu](mailto:Pupazzonim@wcsu.edu)



### **Gabriel I. Lomas, Ph.D.**

Founder and Faculty Sponsor, CT Center for School Safety and Crisis Preparation  
(203) 837-8512  
[Lomasg@wcsu.edu](mailto:Lomasg@wcsu.edu)



### **Sadie Witherspoon, MS**

Regional School Safety Coordinator for the South Central Region of CT, in Partnership with ACES.  
(203) 733-9439  
[Witherspoons@wcsu.edu](mailto:Witherspoons@wcsu.edu)



### **Kim Myers, Ed.D.**

Regional School Safety Coordinator for the North Central Capital Region of CT, in Partnership with CREC.  
(203) 456-5347  
[Myersk@wcsu.edu](mailto:Myersk@wcsu.edu)

### **Kiley Young, LCSW**

Regional School Safety Coordinator for the Eastern Region of CT,



in Partnership with LEARN and EASTCONN.  
(203) 240-4867  
[Youngki@wcsu.edu](mailto:Youngki@wcsu.edu)



### **Tanya Iacono, DSW, LCSW**

Regional School Safety Coordinator for the Western Region of CT,  
in Partnership with EdAdvance and CES.  
(203) 456-5337  
[laconot@wcsu.edu](mailto:laconot@wcsu.edu)



### **Paula Gill Lopez, Ph.D.**

Faculty Affiliate, CT Center for School Safety & Crisis Preparation  
Associate Professor and Program Director, Fairfield University  
Executive Board, CT Association of School Psychologists (CASP).  
[Pgilllopez@fairfield.edu](mailto:Pgilllopez@fairfield.edu)

#### **CONTRIBUTE to our NEWSLETTER**

If you have content such as meetings, trainings, resources, and/or research to include in the next issue of our newsletter, please email **Mary Pupazzoni** at [Pupazzonim@wcsu.edu](mailto:Pupazzonim@wcsu.edu) no later than the 15th of the month prior.

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